The Center for Gulf Studies (CGS) and the Department of Social and Behavioral Sciences at the AMERICAN UNIVERSITY of KUWAIT® in collaboration with Taqabali: Kuwait’s National Mental Health Awareness Campaign present

MENTAL HEALTH IN KUWAIT

PANEL DISCUSSION

CHALLENGES & OPPORTUNITIES

The panel discussion will shed light on the status of mental health in Kuwait and will highlight the effects of stigma, the common myths related to mental health, and the role of Taqabali Campaign in advancing mental health services in Kuwait. The topics of the panel will also include child mental health and the necessity of passing a mental health act in Kuwait.

MONDAY, 26 OCTOBER 2015 • 6:00 PM • AUDITORIUM

PANELISTS:

Louloua Al-Rodaini (Moderator)
General Coordinator of Taqabali: Kuwait’s National Mental Health Awareness Campaign.

Dr. Naif Al-Mutawa
Assistant Professor of Clinical Psychology at Kuwait University and Founder of the Soor Center for Professional Therapy and Assessment.

Dr. Mohammad Al-Suwaidan
Assistant Professor of Psychiatry at Kuwait University and University of Toronto and Director of Psychiatry Specialty Clinic at Mubarak Al-Kabeer Hospital.

Ola Al-Khuffash
Certified Architect, Engineering Expert, and a mental health activist.

Zaina Al-Zabin
Child Psychologist and Founder of Masar Consults.