

THE OFFICIAL STUDENT NEWSPAPER OF THE AMERICAN UNIVERSITY OF KUWAIT • Summer 2017 •

and the second

Congratulations Class Of 2017



The Voice Members

Editor-in-Chief - Zeinab Wasfy

Hello. I'm a 21 year-old who likes the color Green. My vision for the future is to be surrounded by trees, greenery, a blank un-lined book that comes with an attachable pencil and a puppy that will grow old with me. Maybe also a turtle, because they're usually green.

General Reporter - Farah Hamoudah

I'm Farah Hamoudah, an 18 -year-old computer engineering major. I have a passion for all things mind-boggling and writing happens to be one of those things. My friends say I'm too loud, but I think that makes me more enthusiastic than everyone else. I can't write too loud, so that's why I do it. Technology, science fiction, comedy and people (social psychology) are the four fields that I think I'll always be curious about, and AUK helps me curate that curiosity. My ultimate goal is to travel through time to erase all bad vampire novels from existence, which is laughable but necessary (like myself).

General Reporter - Sara F. Ayesh

السلام عليكم, I'm a 20 -year-old senior majoring in Management. I enjoy being a fact debunker, and taking photographs; ironic occurances are my favorite subject, selfies are not allowed. I hope to be a writer in the near future.

Section Manager - Shahad AlMousa

Entertainment Section Manager and social media correspondent. managing and editing the articles that fall under 'entertainment', also in charge of social media platforms related to The Voice Of AUK.

Section Manager - Shahad Al-Failakawi

My name is Shahad Al-Failakawi and I am a 20 -year-old. I love to spend my time writing random things, cooking, and binge watching TV shows.

Section Manager - Ahmad Hasan

Hello! My name is Ahmad Hasan; I am a 22 -year-old business student at AUK with a diploma in marketing and in a little under two years a degree in Finance and Management from AUK. The English language has always captivated me, to the point where my Arabic skills have fallen laughably behind in comparison. As such, I look forward to working in the Voice in a way that not only lets me share my love of the English language with others, but also combines that passion with a more practical, business-like application, which is relevant to what I am currently studying at AUK. I have also recently gotten into playing music as well as physical fitness, two aspects of my life I also enjoy sharing with others, and look forward to writing articles about.

Graphic Designer - Alaa' Dashti

I'm Ala'a Dashti, a 26 -year-old graduate from Box Hill College, Kuwait with a diploma Graphic Design. I enrolled in AUK to continue and get my bachelors degree in Graphic Design. One of my initial projects for The Voice of AUK was the logo, which was successfully changed. I designed it to portray that all AUK'ers have the right to express their opinions freely.

General Advisor - Omar Mehdi

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AUK News



World Design Day Celebrations in AUK by The Graphic Design Club

By: Sara F. Ayesh

The Graphic Design Club of AUK invited AUK students and faculty to appreciate the beauty and usefulness of design by celebrating World Design Day on Tuesday April 25th. The celebrations took place in AUK's Main Corridor and showcased AUK students' works and hosted several artists.

According to the International Council of design, World Design Day (WDD) is a yearly celebration that " is an opportunity to recognize the value of design and its capacity for change in the world." As with each year they have a theme, and this year's theme was "Start Young", which aims to "teach kids and the younger generation why they should celebrate design and learn about it, as when they are children they appreciate and accept it more than when they are an adult, " as the Graphic Design Club's president, Sara Babazadeh, explains.

The WDD comes in the 27th of April each year since 1963, but since this year it falls on a Saturday, and the AUKPop Club had booked the central corridor for the Sakura Celebrations on the 26th, the Graphic Design Club was forced to move it up to the 25th of April. The celebrations were in AUK's Central Corridor and lasted from 10AM to 4PM and was sponsored by The Office of Student Life of the Division of Student Affairs.

The WDD event had several activities students could engage in. There was the always welcomed Art Therapy corner where students were invited to relax and releases tension by painting to their heart's content and expressing themselves, as well as entering the Best Painting Contest. The Print Room drew in students by demonstrating screen printing techniques that could be used on paper, books, canvases and even clothing! Art Space came as well and showcased their work and talents, proving that Kuwait is lacking in neither creativity nor talents. Various forms of AUK's Students' Artwork were also displayed in the event; ranging from paintings and posters hung on walls, to Motion Graphics and 3-D Modeling designs presented on screens.

The Graphic Design Club's main goal for the event was to encourage students to appreciate design and celebrate it and to have fun while doing it.From the wide smiles and paint smeared fingers of the students painting excitedly, to the fascination etched on their faces as they stood watching the Print Room's manual print demonstrations, there is no doubt they succeeded.







The Coart

Academics

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Prepared for the Voice

By: Professor Gholam R. Vatandoust Department of International Relations

AUKMUN Outperformed Itself at the United Nations in Geneva

The Model United Nations at The American University of Kuwait exceeded all expectations as IT once again achieved a record breaking victory at the United Nations in Geneva. Members of the Model United Nations at AUK were invited to participate at the United Ambassadors Model United Nations from May 12-15 in a pioneering conference that offered the most accurate simulation of the United Nations and its decision making process. The Conference took place at the United Nations building in Geneva and the theme was "the road to Sustainable Global Development in light of social, economic and security-related challenges in the modern world." Amidst accurate simulations of the United Nations Security Council and the General Assembly, all delegates had the opportunity to discuss an array of diverse and engaging topics, thus acquiring practical understanding of the workings and the decision-making processes of the United Nations.

While the MUN serves as one of the active Student Clubs at AUK, since 2015 its financial and advisory support has been under the direct supervision of the Department of International Relations. This has proven to be a prudent choice allowing MUN to function and plan according to its long term objectives.

This year, under the leadership of Sabah Al Sabah and Ali Al-Qallaf as president and vice-presidents respectively, AUKMUN has outperformed itself, acquiring the highest number of awards during its competitions in Bahrain in 2016 and now with its brilliant performance in Geneva, winning the highest number of awards as a single delegation.

Sabah Al-Sabah, President of AUKMUN was elected as the Vice President of the General Assembly during the entire four days of the Conference. Sabah was also the recipient of the Outstanding Delegation Award which was granted to him and his entire delegates.

Ali Al-Qallaf and Hunter Headaphol both served as members of the United Nations Security Council (UNSC) representing the Republic of Italy. Their goal was to write a resolution, provide press and presidential statements that addressed issues on aviation and cyber security amidst the continuous escalation of terrorist activities. Both Ali and Hunter cooperated towards building a consensus among all members of the Committee, working together with other members to pass a resolution by unanimous consent, despite the fact that they did not possess UNSC veto privileges. Hunter also participated in a media stakeout, where he performed remarkably well in responding to questions from the press regarding Italy's involvement in the negotiations. Ali and Hunter were both granted the Diplomacy Award.

Anjan Sethi represented Japan in a committee on "Empowering of Women," with a focus on ending discrimination and violence against women. The goal of the Committee was to write a resolution with consensus. Following long hours of negotiations, this was finally achieved. The task was difficult because different countries had their own take on topics such as forced prostitution, women's sexuality and the problem of domestic violence. After two days of intense negotiations among the delegates, finally a consensus was reached.

Anjan firmly believes that the format of the conference made him understand the power of diplomacy. He stated that "I will forever cherish this amazing experience, which not only made me more aware of the United Nations, but provided me with an opportunity to meet an amazing group of people from across the world."

As a member of the Economic and Financial Committee, Moneera Al-Shatti was also an AUK delegate representing Japan. Her main goal was to find solutions for climate change based on the UN sustainable development goals. Her assigned nation Japan was known to have achieved the highest level of energy efficiency in the world. Therefore Japan's role in this conference was significant when it came to drafting the final resolution. Moneera had studied many of the documents and reports on Japan's position, prior to the conference. During the sessions she was actively negotiating with other nations about Japan's targets in achieving sustainable development on climate change. She was highly praised for sharing her wealth of information with others delegates and coming up with viable proposals. This sharing of information and close cooperation allowed the group to arrive at a consensus on preparing the final document. In the process Moneera was granted the Best Position Paper Award.

Finally, Hussain Kachab served on the Disarmament & International Security Committee (DISEC). He took a bold initiative and decided to form the G77+China political Block. The Block, consisting of upwards of 8 delegates, unanimously elected him to lead the Block, which was able to form a strong leverage during negotiations. Hussain's Committee was unique in that it was the first UA-MUN Committee that broke the previous record of inserting operative clauses in a resolution and raising the number from 33 to 42. Like Moneera, Hussain also won the Best Position Paper Award.

The AUKMUN, under the sponsorship and direction of the Department of International Relations has managed to take practical steps to provide the opportunity for all students at AUK to experience the art of diplomacy and negotiation in an increasingly globalized world. The students representing AUK in Geneva were representatives of the College of Business and Economics and the College of Arts and Sciences. Hopefully the trend will continue to grow in the future.







Hot Topics

Surviving Senior Year

By: Roua Diab

"Getting your degree is like climbing the stairs, at the beginning you are excited to get to the floor you want to be on, so it is easy for you to climb with lots of energy and motivation. As you approach your destination, however, you might find it too hard to get to the finish line, you might even see yourself crawling or slowing down."

The quote above is what one of my favorite high school teachers told me during senior year. It wasn't very relatable then, but this is exactly how I, and I am sure all graduates, feel now.

What I feel as a graduate is fear, fear of the future, fear of messing up any of my courses, fear of losing the contacts I made during these past few years, fear of oblivion most of all.

I honestly do not know how to deal with any of these fears, we have to have these fears in order to discover our own strengths and weaknesses. However, I do have a few tips on how to survive senior year.

<u>Tip #1</u>

Time is of the essence.

One thing we all learned during university years is time management, mainly knowing how to prioritize our tasks, depending on how important they are to us or how smoothly we can get things done.

<u>Tip #2</u>

Do not freak out if you are a procrastinator.

If you have been a procrastinator for your entire university life, and you got to this point, then it works for you. Time is of the essence, and you shouldn't leave things until last minute. What many people don't know though, is that your focus on a task helps get it done much more efficiently than the amount of time you give it. So do not freak out over due dates, make yourself a cup of your favorite drink, relax, focus and you'll be done in no time!

<u>Tip #3</u>

Remember your friends.

Do not invest in studies too much that you forget to spend time with your beloved ones. You're graduating, and you may never have days like these ever again, you will regret not capturing these moments. Again, we all need human interaction to increase our levels of happiness and confidence.

<u>Tip #4</u>

After all, you are still a human being.

Being scared, being tired, wanting to shut yourself out at times is perfectly normal. If we did not have our ups and downs, then we lose our sense of humanity and feelings.

We are not robots, we do make mistakes, we do tend to get lazy and careless at times. The most important thing is getting out of such phases in the way we know how to. In other words, do not lose yourselves in the stress, or you will lose the skills that got you to this stage.

<u>Tip #5</u>

Take a break if needed.

As mentioned earlier, we are human beings and we do get tired. If you feel like you can't deal with the stress anymore, step back, relax, and then get back to it when you know you're going to have high focus.

Good luck to all the graduates this year, and good luck to everybody entering their senior year. This one's for you!



Summer 2017

Health & Wellness ____



7 Steps To Keep Your Pet Cool In The Summer

By: Shahad Almousa



Understand why your pet is prone to heat stroke. There are generally two major reasons pets get over heated. Hyperthermia, when pets are trapped in small places like cars, and paralysis of the larynx is when pets have difficulty removing heat from their bodies through panting.



Save your outdoor walks and playtime for the night or early morning. Pets are smarter than they look and when it comes to it they would rather stay in the cool air conditioned indoors that run around outside. Exercise is essential for them however, so it is best to keep that for more cool times of the day.



Keep them in the shade! If you find yourself outside for any particular reason during a hot summer day then try to keep your pet in the shade, and keep their paws cool. Remember hot asphalt or tiles can hurt their paws.



Leave them at home. If you're sure you're going to run errands where pets are not allowed leaving them at home is a way better option than keeping them in the car. Solar heating can raise the temperature in the car and essentially hurt your pets.



HYDRATE! Allow them access to cool water 24/7 all the time. When you have a little extra time get a kids pool filled with cool water and let them play around in it.



Certain breeds with a more flat shaped face are more susceptible to heat stroke so take extra caution during more warm hours of the day.



Trimming your pet's hair can be both harmful and helpful towards heat protection. Keep a thin layer of hair so that their skin is not in direct contact to the heat however brush it as much as possible so that it doesn't prevent cooling. In some cases also consider pet sunscreen.

Super Easy Cake Pops



By: Shahad Failakawi

Most of us encounter days where we are in a hurry to some event- whether it is a family gathering, birthday party or just a friend's place. Sometimes going empty-handed can look a bit weird, and rude. This recipe has saved my life on many occasions; it is super easy, delicious, good for all ages and looks like you spent ages on it- which is always a bonus.

This recipe is also very helpful when it comes to kids birthday parties because it does not require an oven and they can have fun decorating it! ©

What you need: .Cake mix .Cream Cheese .Chocolate .Sticks .Decorations (Cinnamon, Sprinkles, Cookie Crumbs etc..)

1. First of all, you need a cake mix.

Bake the cake or use the ready-made cakes you can buy from the store.

- 2. Crumble up the cake
- 3. Add cream cheese
- 4. Pour in some milk

5. Mix all the ingredients in a bowl until it gets to a spongy consistency .

6. In another bowl, melt the chocolate along with three tablespoons of milk.

7. you can melt the chocolate using a double bowl on the stove or if your impatient like I am, just stick it in the microwave. (Use white, dark, milk depending on whatever you like).

8. After the chocolate is melted, carefully carry the cake ball and cover it in chocolate then gently place it back on the tray.

9. you might want to dip them twice just to make sure they have been covered.

10. After all the cake balls have been covered completely with the chocolate, decorate them with whatever pleases you, some options include sprinkles, cinnamon, cookie crumbs then place them back in the fridge.

The Cultural Column



Plan Ahead for the Fall... Study in the USA, for Free!

By: Zennia D. Paganini, Ph.D. Cultural Attaché, U.S. Embassy Kuwait

School's (almost) out! What next? Summer break beckons, and more study might be the last thing on your mind....but it shouldn't be! Start planning now, and you'll be ahead of the game to get your application in for one of two wonderful, fully-funded opportunities that could make your résumé stand out from everyone else's. Read on to learn more.

Fulbright: The Competition Has Begun

The competition for the Fulbright Foreign Language Teaching Assistant (FLTA) Program for 2018 kicks off now! What is this all about? Thanks to the great American statesman William Fulbright, there exists a range of prestigious exchange programs that bear his surname and are synonymous with cultural tolerance and exchange—the FLTA program has been among them since 1968.

The Fulbright FLTA Program is a nine-month, non-degree, teaching assistantship program open to Kuwaiti nationals and fully funded by the U.S. Government. It provides an opportunity for Kuwaitis to live in the United States for an academic year while teaching their native language— Arabic—in a U.S. college or university. The teaching load is generally 20 hours per week.

Applicants for this program must be "early career," which means they have up to a maximum of seven years' teaching experience. Generally, FLTAs are English (or Arabic) teachers; but teachers of American Studies, Journalism and Media, American or English Literature, and Linguistics, are also welcome to apply.

Applicants must also possess the equivalent of a U.S. Bachelor's degree by June 1, 2018 to be eligible for this program.

What Would You Do As An FLTA?

While working in U.S. institutions of higher education, FLTAs have the opportunity to refine their teaching skills, increase their English language proficiency, and extend their knowledge of the society and culture of the United States. They also serve as cultural ambassadors for their countries, as they interact with their host communities in such activities as conversation groups, extracurricular events, and community outreach projects. An FLTA typically facilitates a range of cultural events on his or her home campus, such as delivering cultural presentations, or leading a language club.

In addition to their teaching responsibilities, FLTAs take two college courses per semester in the institutions where they teach. One of those courses has to be in American Studies (or something related—history, anthropology, literature, etc.), and the coursework can be for audit or credit.

Before beginning the program, FLTAs attend an orientation sponsored by the U.S. Government, and they also attend a mid-year enrichment conference in the United States. These two events give FLTAs the chance to meet their program peers, share and discuss foreign language teaching practices, and make some important professional and social connections.

In 2018-2019, we expect approximately 400 students from all across the world to participate in the FLTA program.

How To Apply

Interested? We are looking for five Kuwaitis to represent their country in the upcoming FLTA program. The U.S. Government expects to fund up to 100 Arabic Fulbright FLTA participants from the Middle East and North African region next academic year. Join other FLTAs from the region—Bahrain, Iraq, Saudi Arabia, and the United Arab Emirates, among others—and represent your nation. Apply here: https://apply.embark.com/student/fulbright/ flta/

...or write to PasKuwaitM@state.gov with the subject heading "FLTA Program" for more information. Please note that fluency in English is mandatory for this program.

What If I Don't Qualify for FLTA?

If you are not quite finished with your degree yet, you don't graduate this year, or you don't have Kuwaiti nationality, then here's another program that might work for you, instead: The Global Undergraduate Exchange Program (Global UGRAD).

Our recruiting for this unique exchange program for undergraduate students usually starts in early November, but it's not too late to start planning ahead for it, especially since the application window only lasts a month or so.

Study in the U.S. for Free with Global UGRAD.

Global UGRAD provides one-semester scholarships to approximately 250 undergraduate students from around the world to study at U.S. colleges and universities. The program includes (optional) pre-academic English language training, academic coursework, service learning opportunities, professional development workshops, and cultural enrichment activities.

Global UGRAD participants enroll in undergraduate course work at U.S. host institutions and have substantive interaction with U.S. faculty and students, while gaining valuable exposure to U.S. academic and classroom culture. Participants develop a deep understanding of the classic "U.S. college life experience," because they live on-campus with U.S. peers.

This program includes a pre-departure orientation, a virtual arrival orientation, a pre-program online professional and academic skills training course, and an in-person endof-program workshop in Washington, DC. It lasts just one semester, takes place in either the fall or the spring, and is a non-degree program, so students should check with their home institutions as to whether any credits accumulated during the Global UGRAD program will be transferred.

Global UGRAD students are required to participate in a minimum of 20 hours of community service activities during their program; enroll in at least two courses in their major; and take at least one course in a U.S. Studies field, such as U.S. history, literature, art, or government.

Requirements and Eligibility

Global UGRAD is open to all nationalities. If you are currently enrolled in an undergraduate degree program, have completed your first year of undergraduate study, would have at least one semester to complete at your home institutions after the Global UGRAD Program (which will next run in the fall 2018 and summer 2019 semesters), and have the appropriate English skills, then you are eligible.



What is the English Language Test Score?

By next April, you will need a a TOEFL PBT score of 500 or higher (61 for the TOEFL IBT) to be eligible for Global UGRAD; however, another benefit of this program is that it provides pre-academic English language training for selected students with scores of 475 (52 TOEFL IBT) or higher.

We'll be looking for two candidates from Kuwait (Kuwaiti or other nationality) next year. Think about it, and let your friends know, too!

What to Gather Before You Apply

The application package for Global UGRAD includes the official application (available later, online); a copy of your passport bio page, your academic transcripts for years of university study so far (with English translations); two letters of reference (in English or with translations); and a grade equivalence between your local grading system and the U.S. grading system (if applicable).

Next Steps

To stay in the know for more information on both of these programs as it is released, be sure to follow us on Instagram this summer: <u>USEmbassyQ8</u>

All of us here at the U.S. Embassy in Kuwait wish a wonderful summer to everyone in the Wolf Pack, and we offer our warm congratulations to all of the new graduates.



James William Fulbright, a U.S. Senator from 1945 until 1974



Nora al-Otaibi, a Global UGRAD participant at Iowa Wesleyan University from January to May 2017



Former FLTA Jamal al-Sulaiman representing Kuwait at the FLTA Conference



Students from the 2017 Global UGRAD cohort



Fomer FLTA Mariam al-Awadhi representing Kuwait during a visit to Washington, D.C. with other FLTAs



"13 Reasons Why" Theories On Season 2

By: Shahad Almousa

WARNING SPOILER ALERT

There are few to little TV shows that end with as many cliffhangers as "13 Reasons Why". Who was the person in the ambulance? Why do so many teenagers have guns? What are the consequences of those tapes? All of these questions, and more, circle our minds every time we hear the series' name. By now each viewer has thought of his own fan theory that they are convinced should or most likely would happen. With Netflix announcing the pickup of season 2 here are some of the theories that fans have thought of:

• The photos of the '13 reasons' hung in Tyler's darkroom is actually a hit list for a killing spree. In last episode of season 1, a scene is shown where Tyler has a stash of guns hidden in his bedroom. This, along with the darkroom view of all the people on the tapes, could indicate that he is trying to take revenge on all those who bullied Hannah

Entertainment

into suicide and left him out of the '13 reasons circle' while they all devised a plan to shut the whole thing down once and for all.

• Another theory, which makes more sense, is that the dark room view is a hit list for a school shooting. Tyler's guilt for what happened to Hannah is shown to turn into rage rather than sadness in season 1. It is expected that alongside someone else, he is planning a shooting similar to that of columbine in 1999.

• Alex didn't try to commit suicide. Although throughout the whole show we have seen how dark Alex has become, he has spoken more than once about taking his own life and has shown, in several scenes, symptoms of a suicidal person. However, with all these guns in every teenager's hand, it is possible that someone else shot Alex and made it look like a suicide.

• In one scene, in a darkroom, Tyler is shown pulling down a picture of Alex. Presumably all the pictures hung are targets, Alex could either be taken down because he stood up for Tyler or because he was already suffering a shot previous to the scene. • The tapes, might be a flashforward of events that Hannah is trying to prevent from happening. In the last episode, when a list of the 13 people who have wronged Hannah was found, the police investigation, the individual questionings, was dated November 2017, a few months in the future. This could either mean that the producers are hinting for viewers to stay alert to their surroundings before anything happens to the people closest to them, or it could mean that the whole season was a flashforward. Clay is listening to the tapes in real time, and acknowledges Hannah's cry for help, hence allowing him time to figure out how he can fix the situation before it even begins.

• The last and final theory is that we have all missed the idea behind season 1. The characters and viewers have been focusing and giving all their attention to Hannah. A girl who has already committed suicide, in the past, that they have failed to see what is going on in the present. In present day Alex is suicidal, no one acknowledges it because they are too busy trying to understand what drove Hannah to her fate. Not realizing however, what they did to Hannah is exactly what is happening to Alex and is pushing him towards suicide as well.



Summer 2017

Movie Lookout's

By: Ehab Soliman







The Dark Tower



Spider-Man: Homecoming



The Mummy 2017



The Book of Henry







Annabelle: Creation





Valerian and the City of a **Thousand Planets**



CIRIBBEAN MAY-2012

Pirates of the Caribbean: **Dead Men Tell No Tales**



Death Note



Cars 3

Transformers: The Last Knight



Blade Runner 2049

The Nut Job 2: Nutty by Nature



Star Wars: The Last Jedi





Jumanji: Welcome to the Jungle



Super Underpants

11







Justice League

Summer Soliman Soliman



Ed Sheeran - Galway Girl



Bishop Briggs – The Way I Do



Shakira - Me Enamore



Future - Mask Off



Tory Lanez - Say It



Sean Paul - Body ft. Migos







Miley Cyrus - Malibu



Jason Derulo - Swalla



Bruno Mars - That's What I Like



Cashmere Cat - Trust Nobody ft. Selena Gomez



Pitbull & J Balvin - Hey Ma ft Camila Cabello



Psy - New Face



G-Eazy, Carnage - Down For Me ft. 24hrs



Tove Lo - Cool Girl



DNCE - Kissing Strangers ft. Nicki Minaj

Kendrick Lamar - HUMBLE



Travis Scott - Goosebumps ft. Kendrick Lamar



Halsey - Now Or Never









