



A photo of orientations and welcome week activities at the AUK

University holds series of events to acclimate students to university life

AUK inaugurates new academic year with orientations activities

KUWAIT CITY, Oct 6: The American University of Kuwait (AUK) began the 2022/2023 academic year by welcoming new students and faculty to its campus and held a series of orientations and activities to acclimate them to university life.

During the general university faculty and staff meeting, HR director, Paul Bassil, welcomed everyone and credited the staff and faculty's hard work as the foundation for the University's achievements. To familiarize the new members with the University, Paul introduced the various departments and outlined their roles.

AUK continued with the series of orientations with sessions for newly admitted students who were welcomed by the University president, Dr. Rawda Awwad, whereby she detailed the ways in which the University continues to prosper. "While normalizing a transitional plan back to campus with all its related challenges, we have also been successful



Dean of student affairs, Ms. Hala Al Abdulrazzaq

in following up with and implementing a range of institutional initiatives that are scalable and sustainable. Over the past two years, I have shared with our community what these were and continue to be: they range from technology-related infrastructure developments, upgrades



AUK president, Dr. Rawda Awwad.

and acquisitions to campus expansion, enhancement and development of student and alumni-related services, outreach projects, collaborations and cooperations with public and private entities locally and internationally, on-going and successfully-completed accreditation initiatives,



HR director, Paul Bassil

ongoing and successfully-completed program reviews and implementation, focus on innovative teaching and production of research with impact, that is only to mention a few." The dean of student affairs, Hala Al Abdulrazzaq, also introduced students to the dynamic environment on

campus that involves both academic and recreational events.

Addressing the newcomers, Dean Hala said, "We are honored to welcome the class of 2026. The Division of Student Affairs extends a warm welcome to all our students, and we wish them the best of luck at AUK." A virtual campus tour was played, followed by presentations by the Office of Scholarship & Financial Aid, Division of Student Affairs, and the Student Council. Students were informed about the services available, clubs and organizations, and upcoming events.

Students were then divided into groups for ice breaker activities to encourage communication with one other, and a group picture was taken towards the end.

During the first week of the fall semester, a series of events and activities took place during Welcome Week. Everything from sports games to an involvement fair took

place where students got the chance to familiarize themselves with all the clubs and organizations that they could join on campus.

AUK is keen on providing students with the intellectual and academic support that encourages students to be self-sufficient. Through these orientations and activities, AUK continues to foster a community of students who are tight-knit and united in their scholastic and professional goals.

The American University of Kuwait (AUK) is an independent, private, equal opportunity, and co-educational liberal arts institution of higher education. The educational, cultural and administrative structure, methods and standards of AUK are based on the American model of higher learning. The language of instruction is English. More information on the American University of Kuwait can be found at [www.auk.edu.kw](http://www.auk.edu.kw)



Pakistan Women's Forum, Kuwait and Society of Pakistani Doctors in Kuwait members pose during a seminar.

Experts talk on 'heart attack, causes and prevention'

PWF hosts seminar on heart health awareness

KUWAIT CITY, Oct 6: World Heart Day is globally marked on the Sept 29 to raise awareness about Cardiovascular Disease (CVD). To commemorate World Heart Day, Pakistan Women's Forum-Kuwait (PWF) organized a seminar on "Heart Attack, Causes & Prevention" in collaboration with The Society of Pakistani Doctors in Kuwait (SPDK) on Sept 26, 2022 at Kuwait Medical Association Hall, Jabriya under the patronage of The Embassy of Pakistan.

Seminar was graced by the presence of the Ambassador of Pakistan to the State of Kuwait and the patron in chief of PWF, H.E. Malik Muhammad Farooq as a chief guest and the Officials of the Embassy of Pakistan Mrs. Tahreem Ilyas (Third Secretary/Head of Chancery) and Farrukh Amir Sial (CWA) as special guests.

Seminar was started with a warm welcome speech by PWF's Vice President Mrs. Nighat Tariq followed by the opening remarks by Dr. Shuja Ud Din Muhammad, president of SPDK. In his remarkable session, the guest speaker Dr. Gull Hassan Sethar (Consultant Physician in Amiri Hospital) mentioned a very alarming statistic that 17.9 million people die each year from Cardiovascular Disease (CVD) and 85% of all CVD deaths are due to heart attacks and stroke. He explained very



Photo from the event.

efficiently about the types of heart diseases and causes of Heart Attack such as smoking, diabetes, hypertension, hypercholesterolaemia, obesity and low physical activity. As preventive measures, he emphasized on losing weight, stopping smoking, modifying eating habits and exercising regularly.

A large number of community members were present in the seminar and they expressed their curiosity by asking numerous questions which were answered with great clarity by Dr. Gull Hassan Sethar and Dr. Shuja Ud Din Muhammad.

A vote of thanks was given by Ms. Hina Salem, president PWF where she

thanked Chief Guest, The Embassy of Pakistan Officials, President SPDK, Guest Speaker, Audience, Media Partner (Irfan Shafique) and Volunteers for their participation and time.

In his speech, H.E. Malik Muhammad Farooq expressed his appreciation to Dr. Gull Hassan Sethar for explaining Cardiovascular Disease (CVD) in a coherent and simple way. He also acknowledged and praised PWF and SPDK's efforts in organizing this informative seminar.

Event was concluded by giving appreciation shields and certificates to guests followed by refreshment



Photo from the webinar

Careers and college discussed

Auxipulus conducts third and final webinar

KUWAIT CITY, Oct 6: Auxipulus conducted its third and final webinar of the edifying "School to College: At the Crossroads" series with gusto.

The Chief Guest for the night was the Principal of FAIPS-DPS, Ravi Ayanoli. Sir's buoyant attitude and benign words have always enlivened the Co-Founders of Auxipulus and pushed them to work sedulously to achieve their goals.

The guest alumnus for the webinar was the nonpareil Aditya Vishwanath. Aditya, a Stanford Knight-Hennessy scholar, made the recent Forbes 30 Under 30 List in the field of education. He is the founder and CEO of Inspirit which provides myriad research-backed 3D and VR STEM resources designed to help students across the globe and quash the digital divide between the opulent and indigent.

The webinar was replete with brio and covered topics ranging from college in the USA, PhD programmes, a comprehensive insight into Inspirit and how to run a lucrative business.

The audience panegyrised the Auxipulus team for yet again propagating the priceless and invaluable knowledge of college and careers and making pellucid the path to academic success.