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Volume 8, Issue 3

The Official Student Newspaper of the American University of Kuwait

November 2011

Read this issue online at www.auk.edu.kw/Voice

### Two-Sun Phenomena: Twice the Rays!

BY FARAH AL-SHAMALI, AUK ALUM '11



A live vision of the two-sun phenomena.

Picture this: you are on some wild safari in the heart of Africa, you see nothing but sprawling green grass for miles and indigenous animals grazing on the open meadows; the ecosystem around you awaits the dawning of a new

day - you perch yourself atop of a hill for some altitude and watch as the two suns rise into the effervescent sky. Ah lovely, is it not? But, I ask you to scratch the surface. What could possibly be wrong with this picture? I will not even try to beat around the bush here and insert some comedic reaction: it is the "extra"

There have been strange inexplicable sightings of two suns seen around the world. No scientific element has been contributed to the amateur

detections but they have been seen as early as August 2010 in the United Kingdom. Scientists have largely ruled out the possibility but it remains a mystery to us, especially when there is evidence to substantiate it. Some have suggested that

the videos could have been professionally edited and reworked to add the extra ball of fire. However, its appearance continues unabated across planet Earth. If evidence can be deconstructed, the same cannot be said about personal, intense

testimonies: they are difficult to play down.

University of Illinois scientist, Jim Kaler, has weighed in saying: "The double sun image is an effect of optical refraction but it's a pretty rare one, and one not fully Continued on 7

### **AUK Student Starts** the Human Rights Club

BY JEHAN FARRAJ

The Human Rights Club is one of the few new clubs at the American University of Kuwait that has been approved by the department of AUK, Student Life this semester.

The idea of the club was

born at a simple conference, said Dana Al-Otaibi, an AUK student who initiated the club. A few AUK students attended a conference, devoted to marginal labor issues, that was held last Continued on 4

#### Re-Introducing: The Academic **Advising Center**

BY NADA EL-BADRY

To most of you, the Academic Advising Center is known as "that place we have to visit to get our RAC number to register for our courses;" believe it or not, this is not its primary, secondary or even tertiary purpose! The AAC is there to supply all undeclared students with academic advice and academic support in the form of referrals to places that can further ease a students' collegial journey such as the tutoring center and many other helpful services. The center is filled to

the brim with supportive and extremely welcoming advisors who are always more than thrilled to help out a student in need. If you're struggling with your courses, or you're not sure what courses you're supposed to be taking and when, or you're unsure about your major or overwhelmed by the variety of options at your fingers, or you're simply distressed in general, the Academic Advising Center is the place to go. And now that it has moved from its previous Continued on 4

### Refuse to be Ordinary

BY LAVEENA LOBO, OFFICE OF STUDENT LIFE



Student participants at the AUK Volunteer Program

The Office of Student Life launched AUK's Volunteer Program "Refuse to be Ordinary" on the 18th of October, 2011. This event was an attempt to provide AUK students with the information and the opportunity they need to become significant contributors to the Kuwaiti community through service. AUK students are known for their immense generosity and fund raising abilities, and this was an attempt by Student Life to bring to campus, opportunities

to engage in actual service.

Six organizations that perform exemplary services around Kuwait came to AUK. They were: Kuwait Red Crescent Society, K's Path, Operation HOPE, PAWS, KACCH and the Kuwaiti Team 4 Global Warming (KT4GW).

The afternoon began with a short address by Dr. Carol, Vice President for Administrative and Student Affairs. She began by telling students that "There is a saying about to whom much is given, much is owed and in

Kuwait we are very blessed and take things for granted like being able to attend college, have food on the table and shelter." She further mentioned that AUK students are very generous when it comes to giving so much so that they will give the shirt off their backs and all the money in their pockets. She said that it was now time to take it to the next level and give with their hands. She reminded them that just by virtue of the fact that they are AUK students, they

are extraordinary and that they would not be with AUK if there wasn't something special about them. She ended by encouraging them to give of their time and effort to help others, to get involved with their hearts and hands because it will make all the difference in the world.

After this, each of the organizations made a short presentation about what they do, and what volunteers could hope to do at their organizations.

Continued on 2

#### **AUK Proudly Receives AALE Accreditation**

#### BY ISHA SADIQ HAIDER

On 3rd of October 2011, Dr. Nizar Hamzeh, the Dean of the College of Arts and Sciences, as a follow up on President Thompson's statement faculty and staff, announced that in addition to the ACBSP accreditation received the university within 2010, AUK had now been approved International Program Accreditation by the American Academy for Liberal Education, AALE. The Division of Social Sciences, the Division of Arts and Humanities, and the University General Education Program are the programs included in the accreditation.

Apart from several faculty and staff members, the contributors to the AALE Self-Study from AUK were Dr. Rawda Awwad, Dr. Chris Ohan, Dr. Craig Loomis, Mr. Chris Gottschalk, Ms. Amal Al-Binali, Ms. Ayeshah Al-Khaldi, Mr. Tadd Kruse, Mr. Ernest Conklin and Ms. Jeannie Sullivan.



Liberal Education (AALE) is a United States educational accreditation organization formed in 1992 by Jacques Barzum, a retired professor from Columbia University, E.O. Wilson of Harvard, and Lynne Cheney, former US Secretary of Education, among others. AALE accreditation of institutions of higher education is recognized by the United States Department of Education Office of Postsecondary Education. Due

The American Academy for to this, this accreditation enables institutions to participate in programs authorized under the Higher Education Act and other U.S. federal programs. According to its website, www. aale.org, the AALE is also an accreditor of K-12 charter schools, and independent schools throughout the United States of America. With this, the Voice of AUK congratulates one and all for this significant achievement!

#### Refuse to be Ordinary

#### BY LAVEENA LOBO

Once all the presentations were complete, students moved into the hallway where they could go to each organization's table, sign up, ask questions or just get more information. Since the organizations were so different, students got an opportunity to select from a wide range causes that included animals, marine conservation, humanitarian missions, working for the underprivileged, global

warming and children in hospitals.

The event was attended by well over 120 students, besides others who came to the sign up tables. All those who attended the event were treated to frozen yoghurt from Pinkberry. Overall, about 130 students signed up with the 6 organizations and will soon begin to engage in meaningful service, thus showing that they 'Refuse to be Ordinary'.

The Office of Student Life will continue to serve as a focal point for all these students and staff members who wish to find out more about the participating organizations or to volunteer. For those of you who missed the event and would like to know how to get involved, please stop by the Office of Student Life or email Laveena Lobo at llobo@ auk.edu.kw.



#### **Our Mission**

The Voice of AUK is a student-run, monthly newspaper that seeks to foster active communication among the entire campus community and keep it abreast of diverse and relevant issues by providing high-quality news and information in an academic context. Through this, The Voice also strives to heighten awareness of rights and responsibilities of membership in the AUK community. The Voice also espouses a commitment to philanthropy.

#### The Editorial Board

Nada El-Badry Sarah Khalaf Zahra Bin Nakhi Isha Haider Huda Al-Rashid Hala Ahmad

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The Voice of AUK welcomes contributions from all registered students, faculty and staff members of the American University of Kuwait. Submissions should be emailed to voice@auk.edu.kw.

All submissions must be approved by the Editorial Board, in accordance with the Editorial Policy. The Voice of AUK offers no guarantee that any submission will be published.

To be considered for publication in the Voice, submissions for a given issue must be received on or before the published deadline for that issue. The views expressed in opinion columns represent strictly the views of the author, and do not necessarily vreflect those of the Voice of AUK, nor those of the American University of Kuwait.

All submissions become property of the Voice of AUK. The Editorial Board reserves

the right to edit all submissions, including for grammar, spelling, style, and clarity. Writers have the right to withdraw submissions at any time prior to publication.

The Voice of AUK is published in ten monthly issues from September through October, and in a single issue for the months of July and August. Special non-news supplements may be published from time to time.

For advertising information, send email to voice@auk. edu.kw. Advertisements for a given issue must be received on or before the published deadline for that issue. The Editorial Board reserves the right to accept or reject any advertisement. Opinions and/or attitudes expressed in advertisements do not necessarily reflect those of the Voice of AUK nor those of the American University of Kuwait.

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#### Matt Lamb Exhibition Dazzles AUK

BY FARAH AL-SHAMALI, AUK ALUM '11



Selft-taught painter, Matt Lamb.

From October 9th to 13th at the American University of Kuwait, an exclusive art exhibition was held presenting the works of Matt Lamb, an American selftaught painter. Before coming to Kuwait, his collections were on display throughout the world, in countries such as Italy, the United Kingdom, Germany, Spain and Russia. He is certainly a veteran of contemporary art and the ingenuity expressed in his paintings speaks for itself. Intense color schemes, threedimensional, topographic surfaces and experimenting with lines and shapes seem to be the common theme amongst his collection. Judging by the pieces that were hung in the Auditorium, the artist does not turn a blind eye to trialing, even if it means bringing together repellant materials that would otherwise not mesh properly. He conveys a fresh, new dimension to the world of painting and what is art if it is not constantly



Painting by Matt Lamb.

subjected to different takes? People are not generally uniform when it comes to interpretation of artwork, but I must say, I had a grueling time trying to make sense of them. However, I will venture to say that the notion of unveiling layers of meaning as they pertain to art has become of lesser importance in this day and age. I, for one, was intrigued with how he went about painting these masterpieces as opposed to what he was trying to say through them. His artistic output was figurative and abstract, buoyant yet somber. There is clearly no indication of guidelines that govern shapes and sizes: it is left to the imagination and it gives his styles somewhat of an authentic feel. I cannot say that I have seen or heard of painting such as these.

Apart from working tirelessly in his studio in Chicago, Lamb also doubles as an activist for world peace, having initiated the



"Umbrellas for Peace" display.

'Umbrellas for Peace' program back in 2001. Brilliantly using art as a metaphor for accepting one another, he has brought his idea and the core values it teaches to people around the globe. This was also a component of his exhibition at AUK; umbrellas were passed around for students who, with but a paintbrush and some primary colors, created their impressions of peace. The goal of this program is to spread self-empowerment and promote harmony amongst humankind. The finished umbrellas were hung in the ground floor of the Liberal Arts building. Lamb has also held seminars and peace rallies to spread even more awareness on the issue in several places. He truly has spearheaded peace initiatives in an exciting way and it was a pleasure having him in Kuwait with the hope that he will visit it again someday

#### Pink October BY SHEREEN AL-BLOUSHI



The American University of Kuwait's Community Service Club organized a "Pink Week" dedicated to the patients and survivors of breast cancer. This event was held as part of PINK October, which was breast cancer awareness month.

During the "Pink Week," selling booths were placed in hallways. Members of the club

were seated at the tables, selling pink t-shirts and giving away pink ribbons. Baked products, such as cupcakes themed in pink were available for purchase, as well. Moreover, the Community Service Club arranged a talent show. All funds earned from selling "Pink Week" products (one extra dinar per purchase) and show tickets went to breast cancer research.

According to PinkOctober. com, the goal of PINK October is to increase the level of awareness of the disease worldwide and encourage women to schedule regular check-ups at hospitals. Women are also encouraged to learn about the early symptoms of breast cancer and seek assistance as soon as possible. A variety of events, such as bowling and racing events, as

well as fashion shows, are held to support the cause.

Owners of retail stores, beauty salons, pharmacies, malls, leaders of foundations and organizations, celebrities and magazine journalists have worked hard to inform the public about breast cancer. Bloggers all around the world, including Kuwait, publish stories about those who survived and those who lost the fights. A local site, BananaQ8.com, covers how Kuwait is involved in the cause. For example, it published pictures of the 360 mall where the interiors were decorated with pink ribbons.

Show your support by buying pink products, wearing pink products or giving them away as gifts during the month of PINK October.

#### Red Bull Doodle-Art BYRAGHDA EL DEEB

Who knew that something you mostly get punished for could give you a chance to drive a Mini Cooper for the weekend? Well, with Red Bull anything is possible! Doodling which is mostly frowned upon by professors was the main theme of the Red Bull Doodle Art event. This event was directed exclusively for the university students in Kuwait. Red Bull visited universities such as Gulf University for Science and Technology and Kuwait University to distribute doodle cards for students to unleash their creativity. Though Red Bull did not visit the rest of the universities, it managed to reach the students publicly. Therefore, the American University of

Kuwait was able to compete

against GUST and KU; 243 students participated in the Doodle Art event, however, only 81 art pieces were selected for display at FA gallery. Judges who picked the three best doodles from contestants in Kuwait were Professor Dominique Malarde, an Art Professor, Professor Carl Nestor, an instructor for visual communication at GUST, and Dr. Muwaffaq A. Majid, Art and Design professor and master print maker. Carefully discerning the doodles, the judges rated the best drawings displayed at the FA gallery. They proudly announced that two students from our university had won the Red Bull Doodle Art competition.

The first winner, driving for free a Mini Cooper for the weekend was Amer Al-Sayed, who is majoring in Graphic Design. Third place was for Nour Al Sabaie who is

double majoring in Marketing and Management. The AUK contestants were automatically qualified to join the regional competition. Seven countries competing against Kuwait are: Egypt, Lebanon, Qatar, UAE,

Jordan, Saudi Arabia and Oman. The regional competition will definitely be intense! Burton would take the 1st place winning doodle and apply it on a backpack as a limited edition. Of course, the winner would have the first developed item with the probability of having his name on it as the designer! Tempting, isn't it? Therefore, to get people to vote, Red Bull organized an exhibition in Marina Mall in order to inform people about the competition. Encouragement to vote was endorsed by the Red Bull team in order to make Kuwait win the regional competition. VOTE KUWAIT!

#### Having Trouble? Stop by the Tutoring Center!

BY SULAIMAN AL-JASEM

The goal of the Tutoring Center at the American University of Kuwait is to help students succeed in classes. All tutoring services are provided free of charge.

The Center offers academic support through small group sessions or one-on-one tutoring led by trained peer tutors. AUK students develop a deeper understanding of course concepts with the assistance of the Center's workers who clarify difficult course material, review homework assignments and encourage students' motivation to learn. The Center is equipped with everything necessary to provide the support of good quality: computers, calculators, textbooks, worksheets and others.

AUK professors guide the tutoring program and recommend their best students to work as tutors. These students provide assistance for almost all classes offered at AUK, ranging from the most basic and general education classes to the upperlevel classes. They are excellent AUK students who possess the knowledge of the subject and the ability to support their fellow students who seek help. All peer tutors are familiar with the contents students need help with, as they previously completed these courses with an A grade.

"In my opinion, the Tutoring Center is the most beneficial organization at the American University of Kuwait, especially for students who are seeking support with their classes and solutions to their academic problems. I was having difficulties with one of my classes. So, I visited the Tutoring Center. This really helped me understand the hard material of the subject better. The services of the Tutoring Center made me succeed in that class," said Taiba AL-Rodaini, a senior student at

The Tutoring Center is located in Room A008 of the Sciences building. To schedule a tutoring appointment, all you have to do is to visit the organization's website at tutortrac.auk.edu. kw, log in with your Student ID and pick the class you need assistance with.

> "AUK professors guide the tutoring program and recommend their best students to work as tutors."

#### **New Couselor at AUK:** Career and Welfare Services

BY ABIR ITANI



Newly-joined counselor, Abir Itani.

myself to the AUK student body. I am Abir Itani, a graduate of the American University of Beirut with an earned degree in Educational Psychology. I joined AUK on October 1, 2011. I have joined the Career and Wellness Center team as a Counselor. I will be providing personal counseling on issues

I would like to introduce related to academic concerns, interpersonal relationships, family and social issues and personal problems. In addition, I will be working with you on your career development and decision making as well employment readiness. Please feel free to schedule an appointment or send me an email at "aitani@auk.edu.kw."

#### Trademark and Logo Design **Exhibition at AUK**

BY PR/MARKETING



PR/MARKETING

Some of Kanchev's trademark/logo designs on display.

The Graphic Design Program at the American University of Kuwait hosted a design exhibition featuring the works of Stefan Kirov Kanchev on October 24-27, 2011.

exhibition, which presented a large variety of trademark and logo designs from Kanchev's extensive career, was appreciated by students, staff and faculty alike who enjoyed the works of one of the worlds most prominent logo designers. Kanchev's designs are inspiring, educational and continue to be significant to graphic design practice and history.

Kirov Kanchev, Stefan (Aug. 6, 1915 - Aug. 22, 2001) was an applied graphic artist born in Kalofer, Bulgaria. He studied mural painting under Dechko Uzunov at the National

Academy of Arts in Sofia.

Kanchev is best known for his logo design work and has been referred to as the "father of Bulgarian graphic design" and the "master of the trademark". In total, Kanchev has authored around 1,600 logos and his work spanned most varieties of applied art, though he was most productive in his trademark and logo work and as a designer of book covers, posters, greetings cards, print advertisements, stamps, product labels and packaging.

As a designer, Kanchev was often inspired by traditional Bulgarian art and folklore. His works are imaginative, with calm and clear composition, felicitous relation between fonts and shapes, clear forms and creative ideas.

"As a designer, Kanchev was often inspired by traditional Bulgarian art and folklore."

### Wolfpack Do's and Dont's

BY DR. CAROL ROSS SCOTT

Sometimes our more mature students get offended when they have to see reminders such as the ones I am about to share. I wish it was not so painfully obvious that the DO LIST needs to be DONE.

DO think about others when it comes to parking. It's a well known fact that parking is crazy, but when you block streets, hang the car off the curb, have your driver drop you and sit blocking the way, seriously... it makes driving around campus dangerous.

DO think about the lungs of others when you decide to light up? Smoking at the doorway so that others must walk through your nicotine smoke is simply rude. Smoking is your choice; you have a right to choose but please do not infringe. Move away from the doorways please!

DO PROTECT the AUK name, logo and images. It is frightening to see that the media has given AUK credit for sponsoring an OFF CAMPUS event we have no clue of. You can only use AUK copyrighted materials with express permission from the

Public Relations and Marketing department.

DO read the catalog. There are rules and regulations by which you are bound, especially as it pertains to your academic progress. Ignorance of the rules does not make for a successful

DO attend class. And probably those who need to hear this are not on campus to pick up the Voice! Your purpose for paying for the seat is to enhance the intellect, critical thinking and communication skills. Gotta be here to get it!

DO remember that we have a dress code. It is finally getting cooler and desert winter clothes will be dusted off. Modesty is also fashionable in the fall and winter.

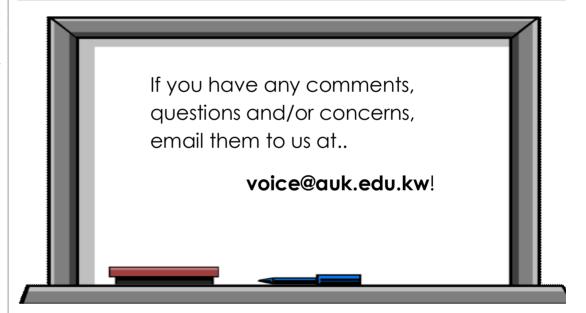
DO get involved in life outside the classrooms. Participate in AUK life... clubs and organizations, leadership, lectures, sports, hang out... just get a LIFE. You will be amazed how it enhances the collegiate experience.

DO use the professional advisors that have been hired just for you. Of course your friends are wise and all knowing. However, some times their guidance is slightly off and once again, you are responsible for your collegiate experience. Go to the Advising Center or see your faculty advisor for educational planning. It may make the difference when you get to participate in the graduation ceremony!

DO take pride in AUK and help keep it clean. When you stand up from eating and walk over to the trash can, you are actually burning calories. BURN BABY BURN! Put your trash cig butts in the can. Pick up that paper that you step over and put it in the trash. Keep AUK beautiful.

DO remember that the official means of communication is through the email. Please make sure your email accounts are able to receive communiqué. If you have forgotten your password, check with IT. We use FaceBook and Twitter for news as well but email is still considered official.

DO I EVER LOVE THE WOLF PACK! PEACE! dcars



### The Arabic Literature Club

BY ROULA ARAB



The Arabic Literature Club is one of the distinct communities that stand out at the American University of Kuwait. This club is beneficial to anyone willing to participate and become a part of it. The club welcomes everyone: native speakers of Arabic, those who fluently use Arabic as the second language, and those who have just begun learning it.

Club members and the executive board plan and engage students in different activities. The Arabic Literature Club

holds several annual events of an educational nature, which are usually very helpful to students who would like to enhance their skills in reading and writing the Arabic language. Events such as writing and reciting poems are regularly held for those who enjoy Arabic literature.

Sara Qaddoura, a member of the Arabic Literature Club, said that "the purpose of the club is to enhance the Arabic culture and traditions among students around campus."

students lack Arab identity," she

"Many Arab students live the identity of someone they are not, they know how to read and write in the English language better than their own language," Qaddoura stated.

The Arabic Literature Club many opportunities for those who would like to enhance their skills or simply want to enjoy the taste of Arabic literature, culture and traditions.

#### Volume 8, Issue 3

Re-Introducing: The Academic **Advising Center** 

BY NADA EL-BADRY

location on the top floor of the Liberal Arts building to the building directly in front of Gate 3 (where the Center for Continuing Education once was), you can't miss it!The Academic Advising Center is also responsible for students on probation, orientation and the Peer Academic Leaders (PALs) Program. The PALs program consists of Dean's List students who are rigorously trained to be some of the best peer advisors for freshmen; yet another group of people who are willing and able to help you out.

The Academic Advising Center prides itself in its friendly and helpful environment. This writer had the pleasure of interviewing two of the AAC staff: Hala Abdulrazzaq and Daniya Alam. Hala has been working at the AAC ever since she first came to the AUK in September 2008. She graduated from George Washington University with a Psychology degree and she admitted that she always wanted to work in the field of education, hence she wound up here, at AUK.

Daniya started working at the ACC just this semester, although she's definitely not a stranger to AUK, having previously been a PAL when she studied here, and then gone onto working in the Business division until she moved to the AAC. Her reason for the shift was that she'd always wanted to be a counselor and help students, and the Academic Advising Center is clearly one of the best places to do so. When asked what they enjoyed most about their jobs, they both agreed that they loved helping students and feeling as if they're making a difference, whether it's by helping the students with their four-year plan or simply by setting them on the right educational path.

Finally, I begin closing this article with several useful tips from Hala and Daniya: Don't listen to your friends; always ask the Academic Advising Center if you're not sure, because it's always best to hear advice from those who actually know what they're talking about rather than those who think they know. Secondly, always come during

advanced advising and always register early; don't postpone it until the very last minute and lose your chance of registering in the classes you want. Thirdly, pay on time to avoid the hassle of your classes being dropped and the risk of not being able to reregister for them later. Fourthly, bring your checklist every time you come for advising; if you don't have one or you have lost it, you will find copies of blank checklists inside the AAC. Finally, the Academic Advising Center will always welcome and respond to you, no matter what sort of questions or concerns you might have. They're open from 8:00 am to 4:00 pm, from Sunday to Thursday, and can also be reached through phone and e-mail and will gladly receive walk-ins, so you don't necessarily have to make an appointment to meet with one of the advisors. So, if you have any inquiries, or if there's anything at all that's troubling you, please don't hesitate to ask them! They're more than happy to help - it is what they're there

# THE AUKUWAIT REVIEW IS NOW ACCEPTING ENGLISH SIONS! SUBMISSIONS! DEADLINE: **DECEMBER 15, 2011** EMAIL US: aukuwaitreview@auk.edu.kw

#### ENGLISH POETRY/PROSE:

Maximum 5 poems Maximum 3 pieces of prose, each no longer than 3 A4 pages. Submit your pieces with a short bio (name, position at AUK, and a little bit about yourself) to aukuwaitreview@auk.edu.kw







### Student Clubs and Organizations **Email Addresses**

#### Academic

Accounting Club accountingclub@auk.edu.kw

> ACM AUK ACM@auk.edu.kw

Finance Club

The Finance Club@auk.edu.kw

Marketing Club marketingclub@auk.edu.kw

MUNAUK

MUNAUK@auk.edu.kw

Entrepreneurship and **Business Club** E&Bclub@auk.edu.kw

#### **Community Service**

Al-Akhdar Environmental Club AlakhdarClub@auk.edu.kw Community Service Club CSC@auk.edu.kw

> Hope Club Hope@auk.edu.kw

#### **Honors Society**

Sigma Tau Delta SigmaDelta@auk.edu.kw

Pi Gamma Mu PiGammaMu@auk.edu.kw

For more information, please contact the Office of Student Life at studentlife@auk.edu.kwor visit their office on the ground floor of the Sciences building.

#### **General Interests**

B.E.L.L.E.

Belle@auk.edu.kw

Pure Science Club ScienceClub@auk.edu.kw

The Art Factory ArtFactory@auk.edu.kw

The Drama Club dramaclub@auk.edu.kw

Voice of AUK

ThePatriots@auk.edu.kw

Photography Club PhotographyClub@auk.edu.kw

Kuwait Media Club kuwaitmediaclub@auk.edu.kw

Game Development Club gamedevelopmentclub@auk.edu.kw

**Human Rights Club** HumanrightsClub@auk.edu.kw

#### Cultural

Arabic Literature Club arablitclub@auk.edu.kw

Cooperation Club Cooperation@auk.edu.kw

International Club International@auk.edu.kw

Lebanese Culture Club LebaneseClub@auk.edu.kw

The Patriots Club ThePatriots@auk.edu.kw

Armenian Culture Club Armeniancultureclub@auk.edu.kw

> Al-Ahrar Club Alahrar@auk.edu.kw

### **AUK Student Starts the Human** Rights Club

BY JEHAN FARRAJ

year in Kuwait. The conference presenters discussed labor rights and freedom of speech issues that Al-Otaibi found very appealing. Some students who attended the conference asked if she had a club. So, she decided that she would create one.

The club was created to increase the awareness of groups that have no voice in the society, and about human rights violations that have not been noticed before. Among other violations, labor abuse and unlimited working hours are discussed.

"I would like to focus more

on the rights of social workers, activists' work and human regulations," Al-Otaibi said.

The club members spend equal time discussing international, local and regional human rights.

"Let's say we learn from the news that there is a problem in Bahrain," Al-Otaibi said. "I would like to talk about how the problem is affecting civilians and whether any violations of human rights take place."

To achieve awareness of human rights issues, the club members plan to bring artists, filmmakers, social and human rights activists, and other

important figures to AUK to speak on topics that concern each and every civilian.

Students who currently participate in the club major predominantly in Graphic Design and Communication & Media. The club, however, welcomes students different divisions and academic programs that exist at AUK.

"No matter what your background is, you can join to make a change because every human can make a change," Al-Otaibi said.

#### Pirates of the Carribean: A Review

BY DANA BANDDAR



"Pirates of the Caribbean: On Strange Tides," the fourth film in the series, was released in Kuwaiti cinema theatres this summer.

Although the director, Rob Marshall, and producers (Walt Disney, Jerry Bruckheimer Films and Moving Picture Company) created another blockbuster movie by mastering the use of visual and sound effects, I believe there is more to it than just a collection of captivating effects that entertain the viewers of this fast-paced motion picture. The movie touches on important principles that matter in life. It is about aiming for the best, yet being satisfied with what you have. It also makes you think about different types of powers that Captain Edward (Ian McShane) and Sparrow (Johnny Depp) enjoy. Edward has power over other people's

lives: he brutally kills and defeats others, while Sparrow has the power over his own life: he makes sacrifices, knowing that it is for his best.

Captain Jack Sparrow's character has significantly sparked in the entire film series. He appears to be different from other pirates in the movie because he does not try to overpower his crew. Even though pirates are superior by nature, he does not seem to be swayed by that. He swaggers and speaks his mind all the time even if it gets him into trouble.

Sparrow said, "Better to not know which moment may be your last. Every morsel of your entire being is alive to the infinite mystery of it all." In this scene, Captain Sparrow reveals why he sacrificed the chance of drinking from the fountain of youth for a girl from

his past, Angelica (Penélope Cruze). Sparrow does not want to drink from the fountain and become younger. He wishes to experience the mystery of living one life without any extension or alteration to the experience.

Throughout the movie, Angelica forces Sparrow aboard the Queen Ann's Revenge ship. She and Edward, her father, make Sparrow lead the voyage to the fountain of youth, which many other pirates compete to reach first. While Sparrow is thrilled about finding the fountain, he never kills pirates to reach his goal. Yet, the competition between Captain Hector Barbossa (Geoffrey Rush) and Edward becomes fierce. Their rivalry highlights how two evil sides are ready to lose anything to prove their power!

"Captain Jack Sparrow's character has significantly sparked in the entire film series. He appears to be different from other pirates in the movie because he does not try to overpower his crew."

### Sonnet #1

#### BY HAYDEN

The day must go with me before I cry Much too heavy on me to take alone I have no choice but to study the sky To counter all demands the mind has blown

What does the sky imply to me at sight? To leave or stay I do not know for sure The silence may annoy the pure dark night That may obscure and make the reason blur

In spite of my steadyendurance thought I do not know if I must make him see All my despair that he has sought and brought Or leave him drown alone in thy dim sea

Not me who seeks what few succeed in game For I excuse and leave them all with aim.

#### **NEED HELP FINDING RESOURCES?**

Check out the LibGuides @AUK Library http://libguides.auk.edu.kw

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COMPUTER SCIENCE & ENGINEERING

English Language and Literature Environmental Science

Fine Arts

French Language

Graphic Design
History

Image Collection
International Relations
Legal Information

Music and Folklore

Philosophy
Print Journals
Psychology

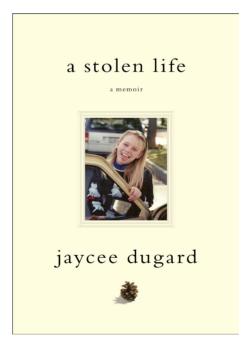
Statistics and Census Data



Consult your librarian for more information about the Libguides.

### "A Stolen Life" by Jaycee Dugard

BY SARAH AL-AJMI





Take this distressful journey through the eyes of an innocent 11-year-old girl kidnapped from her house and held in captivity. Jaycee Dugard spent 18 years in a backyard dump under the watchful eye of a religious fanatic and his wife.

This heartbreaking memoir follows Dugard's moving story as she experiences many intense life events alone. A pet cat was Dugard's only real friend through pregnancy, childbirth, loss of identity, raising her two girls and many other firsts. The 273 page account includes excerpts from a handwritten journal, pictures, lists and other

coping strategies, as well as Dugard's reflection after each chapter. Brave, straightforward and honest, as she writes about herself, the author describes her ordeal, briefly touching upon getting back to her life after she regains freedom, reunites with family and friends, and starts therapy.

Written with the intention to help others deal with their traumatic experiences, Dugard also aims to expose the truth about her captors, who chained her to a bed at the beginning and only after a while provided her with books and television.

Unlike other memoirs penned

Dugard's narrative is hard to read without being affected by its intensity and detail of delicate subject matter.

"My mind wants to leave and be somewhere else," Dugard expresses as she awakes in a strange place. At times, the reader may want to escape with Dugard by putting the book down.

Don't miss the horrific account of adaptability and personal strength of one child who grew up into a caring young mother regardless of her desperate situation.

"This heartbreaking memoir follows Dugard's moving story as she experiences many intense life events alone."

### Where are the Female Leaders?

BY DR. CAROL ROSS SCOTT

As we prepared for Student Government something was visibly missing: OUR FEMALE STUDENTS! Not that our Wolf Pack males are not capable of a leadership platform that represents the entire student population, with women being the majority of the student population and only 4 females running for student government leadership offices, we ask: where have all the female leaders gone?

So I GOOGLED; you can find everything on GOOGLE! I googled female leaders of the world and got back from "filibustercartoons.com" following list. One may be curious as to why female leaders are listed on a "cartoon" site; women in leadership is certainly not a joke! But, nonetheless it was informative.

FEMALE WORLD LEADERS CURRENTLY IN POWER

The following is a list of female presidents and prime ministers who are presently in power as of AUGUST 9, 2011. For the last several years, we have been living in an era where a recordnumber of female leaders are holding power simultaneously.

**CURRENT TOTAL: 20** 

Look at the table with the twenty listed leaders in today's world. Ok, so AUK is not quite the world power just yet but we are headed in that direction! Just after Kuwait's independence-61, the woman's right to vote was taken away in 1962. OMG! It was recently reinstated in 2005 in time for the 2006 elections. There are women in this country who FOUGHT for a woman's right to VOTE and SERVE AS LEADERS. I was here at the

time to witness the amazing hard fought victory. Many of our former female students stood up for their rights. I may not be eligible to run for a leadership position or vote in Kuwait but the events reminded me of how important it was and is to participate in the selection of America's leadership. I VOTE in every election! Ladies, we have a lot of catching up to do! There are women in some countries, not too far from us, who do not enjoy the rights we take for granted in Kuwait. Do not become so complacent that you take such an important aspect of your life like voting for

Voting is but a small piece of the puzzle. The decision to take on the responsibility of leadership is a difficult choice to make. You make the conscious decision to serve. You make a conscious decision to speak up and out in the best interest of people you may never personally meet. You make the conscious decision that it is ok that some will not like or agree with what you say and do but you are doing it with a clean heart in service, not an easy decision to make but women have served in the best interest of others since FOREVER! Who is REALLY the head of the household? Your mom (even though not everyone is ready to admit it!)

WOLF PACK WOMEN! Step out of your comfort zone and LEAD. Being a leader doesn't make you less of a woman because you think you must imitate male characteristics to be a good leader. Leadership traits have no gender. Being a leader doesn't stop you from



#	Country	Leader	In office since:	Notes
1	Ireland	President Mary McAleese	Nov. 11, 1997 -	elected
2	Finland(1)	President Tarja Halonen	Mar. 1, 2000 -	elected
3	Germany	Chancellor Angela Merkel	Nov. 22, 2005 -	elected
4	Liberia	President Ellen Johnson-Sirleaf	Jan. 16, 2006 -	elected
5	India	President Pratibha Patil	Jul. 25, 2007 -	elected
6	Argentina	President Cristina Fernandez de Kirchner	Dec. 10, 2007 -	elected
7	Bangledesh	Prime Minister Sheikh Hasina Wajed	Jan. 6, 2009 -	elected
8	Iceland	Prime Minister <b>Jóhanna Sigurdardóttir</b>	Feb. 1, 2009 -	appointed 2009, elected 2009
9	Croatia	Prime Minister Jadranka Kosor	Jul. 6, 2009 -	appointed
10	Lithuania	President Dalia Grybauskaite	Jul. 12, 2009 -	elected
11	Kyrgyzstan	President Rosa Otunbayeva	Apr. 7, 2010 -	coup
12	Costa Rica	President Laura Chinchilla	May 8, 2010 -	elected
13	Trinidad and Tobago	Prime Minister Kamla Persad-Bissessar	May 26, 2010 -	elected
14	Australia	Prime Minister <b>Julia Gillard</b>	Jun. 24, 2010 -	appointed 2010, elected 2010
15	Slovakia	Prime Minister Iveta Radicová	Jul. 8, 2010 -	elected
16	Brazil	President Dilma Rousseff	Jan. 1, 2011 -	elected
17	Switzerland	President Micheline Calmy-Rey	Jan. 1, 2011 -	appointed
18	Peru	Prime Minister Rosario Fernández	Mar. 19, 2011 -	appointed
19	Kosovo	President Atifete Jahjaga	Apr. 7, 2011 -	elected
20	Thailand	Prime Minister Yingluck Shinawatra	Aug. 8, 2011 -	elected
21		AUK GRADUATE	FUTURE	ELECTED

List of female leaders around the world.

having fun with your friends. Mind you, the responsibility requires time but you need to learn how to balance. You will always find time for your girls! One of the great things about AUK is the support you receive when you make the decision to take on a leadership role. You LEARN the characteristics of an effective leader. You THINK about the impact of your leadership on the lives of others

and act accordingly. BECOME an AUK leader; hone your skills because of the number 21 on the chart. Number 21 is YOU! BE PART OF THE AUK LEADERSHIP EVOLUTION. GET INVOLVED AND LEAD. For more information about leadership opportunities, stop by Student Life or see me! Go Wolf Pack! dcars



### YouTube Miracles!

BY NADA EL-BADRY



You-tube miracle band, Boyce Avenue.

Believe it or not, YouTube isn't just for cute animal videos; several musically talented (and some not-so-talented as well) people take advantage of the opportunity to get thousands of viewers by posting videos of their music. One such group named Boyce Avenue caught my attention. The band composes of four young men - Alejandro Manzano, Fabian Manzano, Daniel Manzano, and Jason Burrows - who started off by posting a few covers of popular songs, along with some of their own, original songs in 2006. With their modern and yet unique sound, they were an instant hit and their videos spread like wildfire (in YouTube lingo, they would be considered 'viral'); as a matter of fact, today, some of their covers have up to 11,000,000 views! Needless to say, they had quickly become quite popular on YouTube and it's duly deserved, too, since pure talent can be somewhat of a rarity on YouTube, and this writer believes that the online fan base they have made has a lot to do with how successful they are now. When viewing the ratings on their videos, you can see that the amount of 'likes' the video far surpasses the amount of 'dislikes' they received, so much so that the red bar indicating the negative view is YouTube channel (http:// practically insignificant, if even www.youtube.com/user/ visible. While posting more and

Meant to Be, which was released March 3rd, 2008. As well as covering songs and writing their own music, Boyce Avenue also performs with several other artists budding through YouTube such as Kina Granis, Tiffany Alvord and Alex Goot.

Shortly after their booming success, Boyce Avenue performed a stand-alone show in New York City and, soon after that, they began touring, starting with four headline shows in the Philippines. Once they completed the four shows, they returned to the United States to begin their first tour in the US. They toured next in Europe, and since then have been frequently touring in the Philippines and the U.K.

Currently, Boyce Avenue is considered the second most sought after band, after Linkin Park, with a staggering 300 million views on their videos collectively, and counting. They recently released their second album, All We Have Left, on June 15th, 2010, which contains a few reworked songs from their first album as well as several new tracks. They are currently touring the U.S. once more, and will begin touring in Europe in November.

If you're interested in hearing their music, check out their bovceavenue) or their website more covers on their YouTube (http://boyceavenue.com/). You won't regret it!

### Arabic Language: Battling Its Way Through

BY AYA ABDULHAMID

Have you ever come across messages that you couldn't understand? Probably because they were Arabic messages hidden under English letters and numbers! The new BB and iPhone generation is the one creating and sharing these messages, which undoubtedly transforms the Arabic language. Unfortunately, not for the best!

The Arabic language is vanishing and gradually losing its uniqueness and value through the new styles of communication among young people. This is a serious threat, and we need to work hard towards reviving Arabic back into our lives.

It is not necessarily that the use of English or any other language is affecting the use of Arabic. On the contrary, learning other languages is extremely beneficial for enhancing cultural exchanges and literacy. Sending our kids to foreign schools helps them learn about different societies. However, understanding the importance of intercultural education, we should not neglect our language.

The causes of the problem may be the lack of teachers' as well as parents' attention to the Arabic language. Some schools don't emphasize its importance to students. Condense curriculum and the lack of interest in the



students' minds about the language affects their learning appeal. Moreover, if learning the Arabic language was not the priority for a child at a younger age, it might be difficult to introduce the language at an older age. Leaving the original language on the side results in losing the language skills; this may lead to some traceable losses in culture and identity.

Numerous examples in which such losses are inevitable can be seen in the new methods of communication that mixes Arabic and English. "I will print the poster (at) and come," texts one student to another. The (at) added to some Arabic words is to identify the plural form. It is often used instead of an (s) that would simply make the sentence correct. Additionally, young people start to invent their own Arabic language. They speak meaningless words and classify them as Arabic. For example, the

word Missik is found on most social networks. Isn't it easier to replace it with "I miss you" or "Ishtaqtalak," which might have a more proper meaning?

As languages cannot survive unless we practice and nurture them, we should create an initiative towards developing our Arabic language. Dr. Raymond Farrin, Professor of the Arabic language at the American University, suggests that we read parts of the Holy Quran because the Holy Quran is the ultimate source of the language and the reason for its importance and eternal existence. Dr. Farrin also invites students to enroll in different classes taught in classical Arabic as well as to read newspaper articles or short novels. This would definitely help solve the problem of losing our Arabic language and add to our precious sac of Arabic thoughts and vocabulary.

### Don't Diss My Major

channel, the band continued to

work on its original tracks for

its first debut album, All You're

BY RAGHDA EL DEEB

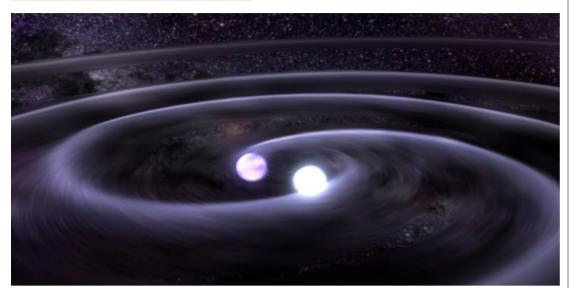
Every professor implies that the major he/she lectures is imperative; every student or alumni emphasizes that the major they are studying is demanded in the market. However, who are they to decide what you should major in? Finance and Accounting majors attempt to place the image of being more superior than Marketing and Management. In addition, Business majors in general underestimate majors such as SBSA, International Studies and English. Their question until this moment remains unchanged, are you going to do with that major?"

Deciding on a major takes more than just observing the

degrees others are pursuing. This is not a fashion trend! It is about discovering yourself. Ask yourself two simple questions: what do you want to become in the future and how will you do so? Another way that you can decide on a major is by jotting down your skills and aptitudes. Read about each major and see which one is applicable to you. If you have an artistic sense and you want to spend your whole life drawing, then Graphic Design is the first suggestion. You might be one of those people who can build a computer when they are bored; go for Computer Engineering. You may also be aggravated from people coercing you with orders and you would like to experiment with that, then Business Management will be interesting. Regardless of the reason, choose the major that corresponds with your characteristics, skills and abilities. You have lived your whole life from Kindergarten to High school studying courses that were not all to your favor. Now is the chance to study the one subject or major you desire most. Acquiring a degree just to make more money in the future will result in a disastrous failure in your classes. Even if you do not fail by working extremely hard, being out of your comfort zone will make you eventually quit. Choose wisely and the next time someone degrades your major, just reply with "don't diss my major."

### Two-Sun Phenomena: Twice the Rays!

BY FARAH AL-SHAMALI, AUK ALUM '11



explained by science. I doubt it's been computer modeled. There must have been some blob of atmosphere somewhere that caused this truly spectacular phenomenon, atmospheric which, in a sense, is a mirage." Kaler dubs it a rare occurrence but that statement is effortlessly refuted by several sightings, as in they are being witnessed in more than one country. But what could this mean for our ever-changing planet? There has been a huge sum of bizarre natural happenings, or ones that scientists only decipher when they investigate the

aftermath. If anything, it means that it is heavily evolving but no one is entirely certain of the consequences.

Many people have taken to forums, excitedly discussing the two-sun phenomena as doing so with a knowledgeable authority on the cosmos would end in scrutiny. Interestingly enough, some have described the method by which the "second sun" can be seen. One post that I found said that you are required to wear a pair of dark brown sunglasses and then another that is dark blue. Apparently, they would both

work together to take away the glare and reveal the other sun. Of course, I am not asking that anyone automatically believe and go try this experiment but there must be a slight degree of seriousness involved if this person chose to go through the trouble of discharging this information into cyberspace. But one thing is for certain, it definitely defies reason and will continue to do so until someone proves it somehow. That day might never come and this may never be proven but there are still recreational videos out there that declare otherwise.

### Kuwait's Ecosystem in Danger

BY DALAL MARAFIE



DALAL MARAFIE

The Persian/Arabian Gulf has been abused since the 1980s because of the Iraq-Iran war that lasted 8 years and in 1990, the Iraqi invasion or lets say Saddam's invasion. The Pollution in seawater is killing Kuwait's fish, a researcher has warned, Baheeja Behbehani, chairperson of the Educational Environment Committee at the Faculty of Education, told the Kuwait News Agency (KUNA) that seawater tests have indicated high percentages of toxins that are likely to cause mass fish deaths. The oil spill and oil fires have affected the water quality, vegetation, human health as major sources of environmental damage including toxic materials. The amount of oil leaked into the Persian Gulf waters during 1991 Gulf War

was estimated in November 1991 between six and eight million barrels. Additionally, there are a lot of fish species that got infected from the Gulf War; because the Iraqi army damped a lot of oil in the Gulf, that didn't just harm the fish but also killed the fish eggs. The oil is an easy substance to collect; it poisoned the water in a way that made it very difficult for fish to breed for

Another factor is the dumping of waste water into the sea which has resulted in the rise in percentage of sulfur, ammonia, phosphate and bacteria, Mrs. Behbehani said. Another major concern is that the tests have also indicated a significant drop in the oxygen content in water, a factor that could escalate a high human health risk for water

distillation plants using sea water, KUNA reported.

According to Behbehani, the bacteria contaminate sea creatures, which include those sometimes eaten by humans in raw form, like shellfish. The waste water from domestic and industrial waste contains chemicals that are likely to cause a number of diseases, including typhoid and cholera.

There are also risks to biodiversity and the negative impact on coral reefs, she said.

The ecosystem in Kuwait has been damaged throughout the years. Dumping trash and waste will worsen this major issue. The government should implement a strict law or fine that could stop factories and citizens and educate them.

### The Magic of Yoga and Your Fear

BY RASHMI SAHANI



There are various forms of fear and at every step of our life, we face them - fear of disease, fear of insult, fear of death, fear of losing money, fear of losing children, fear of losing a spouse etc... Some people have a fear of riding busses, trains, planes and of enclosed rooms.

There are two basic reasons for such fears: one is an accumulation of fat in the nervous tissues and physical organs of the body, and the second is due to a physiological process that occurs in the body, as a response to a frightening or confusing situation.

percent is normal and the rest is all imaginary. Normal fear is healthy. It paves the way for one's progress and preserves life. Imaginary fear plays serious havoc. Some people develop a fear that they will lose their job. Some fear thinking, "What will I do if my business fails?" A student prepares day and night for an examination, he has passed creditably in all the class examinations but develops a kind of imaginary fear examination fear - as soon as he enters the examination hall, becomes nervous and gets confused. His hands tremble, he is not able to write. Thus, he fails in the examination! There is no end to such imaginary fears. Imaginary fears cause disease, deplete our energy, sap our

vitality, shake our confidence and destroy our ability to function effectively. It breaks down the nervous system and is the biggest enemy of success as it kills all effort.

When it comes to overcoming fear, there are two ways of overcoming the fear complex. In the first case, one should try to metabolize the fat accumulation. In the second case, one should do 'Yogic' practices. Through the power of Yogic practices, even a deeprooted fear can be overcome. Many techniques can be used to anyone with a disturbed mind, unbalanced emotions, and confused mental impressions. It involves observing the thoughts, the emotions, creating them, removing them, developing attention and developing awareness.

When it comes to the technique, the practice of Inner Silence (Antar-Mouna) can be done in any Yogic posture, such as: Padmasana, Vajrasana, Sukhasana or, if these are not possible, in Shavasana - the lying-down posture. It can also be practiced while relaxing in an easy chair.

Close the eyes, and keep them closed throughout. Be aware of all the external sounds and sensations of the surrounding nature. Concentrate totally,

until the mind is ready for inner silence. Now, become aware of your thinking process. Become aware of spontaneous thoughts that come and go of their own accord. You must remain a silent witness of every thought that is going through your mind. You should remain alert throughout, and get to know the thought. Now, allow good or bad thoughts to come spontaneously from your subconscious mind. Do not bring thoughts at will, look within, and be aware of the inner space. Keep yourself absolutely alert. If you think overcome fear, i.e. Inner Silence of any thought, dispose it off Fear is of two kinds: normal (Antar-Mouna) - Inner Silence immediately, without brooding and imaginary. Only five is an important technique for over it. Try to maintain a state of thoughtlessness, by remaining aware of one thought that - 'I shall have no thought.' This is the real state of inner silence, which is full of peace and love. This is the complete practice of inner silence. Now, you can open your eyes and relax your body.

When it comes to your willpower and positive attitude, put the seeds of courage in your heart. Allow courage to grow. Fear will die by itself. Positive always overcomes the negative. Negative thoughts are the root cause of our fears. By cultivating courage, fortitude and firmness, in meeting danger we can overcome fear. This is an immutable psychological law. Try this method over and over again. You are bound to succeed at least once!

Do not bring thoughts at will, look within, and be aware of the inner space. Keep yourself absolutely alert.

### AUK's 2nd Annual WII Sports Tournament

BY MAY OMRAN



AUK student participating in the Wii Tournament.

AUK Intramural Sports held its 2nd Annual Wii Sports Tournament from 25th of September 2011to 29th of September in the Science Building lobby which was transformed into a Wii Sports arena where students, faculty, and staff had the chance to compete against each other in hopes of becoming a High Score Champion.

The week began with a practice day, giving the AUK community the opportunity to familiarize themselves with the unique controls for the Wii Sports video game. When playing Wii Sports, participants must mimic the motions a person does when actually playing a sport. For example, when playing tennis

on the Wii, players hold the controller in one hand and physically swing their arms as if they are hitting a forehand or backhand. Participants quickly realize that playing Wii Sports is not as easy as it looks; timings, control and consistency are just as important in this video game as they are when playing the actual sport!

Once people had a chance to understand how the video game worked, the rest of the week was dedicated to a different high score challenge each day. Participants tested their Wii skill in archery, basketball, bowling and jet-skiing. At the end of each day, the male and female players with the highest score were crowned the "High

Score Champion." IEP Students, undergraduates, freshmen to seniors, and even the occasional professors and staff members participated in this year's Wii Sports Tournament; over a hundred people tested their sport skills on the Wii, with many competing each day. AUK Sports Coordinator, Trevor Taylor, commented that "The Wii Tournament was a great opportunity for the entire AUK community to be involved in a sports activity, no matter their physical fitness level or physical limitations. It was great to see so many people enjoying a friendly competition."

Congratulations to this year's Wii tournament High Score



AUK Sports Coordinator, Trevor Taylor.

Archery									
1st	Ali Alhabib	102	1st	Sarah Khalaf	90				
2nd	Abdulmajid El-Kassem	88	2nd	Ghaneema Qudmani	87				
3rd	Kevork Awakimian	87	3rd	Hanan Al-Awadhi	83				
Basketball									
1st	Nigel D'Souza	23*	1st	Hanan Al-Awad	21				
2nd	Mark Rangel	23	2nd	Njoud Aweis	20				
3rd	Ahmed Abutaleb	23	3rd	Eman Khalil	19				
* scored 23 pts with 11.3 secs left on the clock									
Bow	ling								
1st	Majid El- Kassen	215	1st	Yasmeen Al- Enzy	190				
2nd	Ali Al Habib	201	2nd	Farah Al- Souri	186				
3rd	Jassim Al- Kazemi	182	3rd	Zainab Al- Khalifah	171				
Jet-ski									
1st	Ali Alhabib	191.5	1st	Ghaneema Qudmani	180.3				
2nd	Aziz Al-Thuwaini	181.9	2nd	Salwa Al-Qattan	174.1				
3rd	Abdullah Alshemmeri	176.9	3rd	Hanan Al-Awadhi	161.3				

#### One-on-One with AUK Athletes

#### BY MAY ROMRAN

Name: Omar Mehdi Age: 21 Degree pursued: BBA Concentration: Management Class Standing: Senior Sport(s) team: Football (Captain) and Volleyball

How long have you been playing sports?

I have been playing sports for as long as I can remember and have been a part of AUK's Sports teams since my freshman year.

What were your biggest motivations or encouragements to get involved in AUK Athletics?

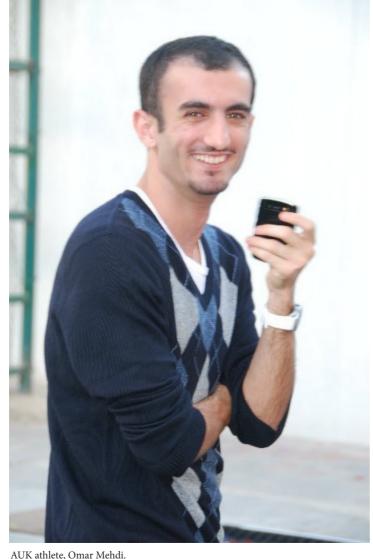
I have been in school sports teams and enjoyed my time being a part of it, so I decided to continue at AUK as well.

What was your most memorable moment in your matches?

My most memorable moment was when the volleyball team won the UCC in 2009. The final was against GUST and it was a very close game. We had a tie all the way to the 5th set (tie breaker). We were losing in the final set but then we came back and turned the score around and snatched the game away!

What motivates you to put forth your greatest effort?

What motivates me is raising AUK's name in Athletics and maintaining an excellent reputation for



AUK athlete, Omar Mehdi.

AUK Sports within the realm sports? of intercollegiate sports; and obviously winning.

doing in five years in terms of

I would like to be playing as much as I am at the moment What do you expect to be and I hope I don't get lazy after graduation.

#### **Universities Championship Cup**

20-Nov	Sun	Table Tennis	Men's	ACK v AUK	7:00pm	
		Table Tennis	Women's	ACK v AUK	8:00pm	
21-Nov	Mon	Soccer	Men's	ACK v KILAW	7:30pm	
		Soccer	Men's	AUK v GUST	9:00pm	
22-Nov	Tues	Table Tennis	Men's	ACK v GUST	7:00pm	
		Table Tennis	Women's	ACK v GUST	8:00pm	
		Basketball	Women's	ACK v AUK	7:00pm	
		Basketball	Men's	ACK v AUK	8:00pm	
23-Nov	Wed	Soccer	Men's	ACK v GUST	7:30pm	
	_	Soccer	Men's	AUK v KILAW	9:00pm	
24-Nov	Thurs	Basketball	Women's	ACK v GUST	7:00pm	
		Basketball	Men's	ACK v GUST	8:00pm	GUST
27-Nov	Sun	ISLAMIC NEW	YEAR			
28-Nov	Mon	Soccer	Men's	KILAW v GUST	7:30pm	ACK
29-Nov	Tues	Basketball	Women's	AUK v GUST	7:00pm	
27 1101	Tues	Basketball	Men's	AUK v GUST	8:00pm	
30-Nov	Wed	Soccer	Men's	Semis	7:30pm	
30 1404	· · · · · ·	Soccer	Men's	Semis	9:00pm	
1-Dec	Thurs	Basketball	Women's	ACK v AUK	7:00pm	
1 Dec	111013	Basketball	Men's	ACK v AUK	8:00pm	
4-Dec	Sun	Table Tennis	Men's	AUK v GUST	7:00pm	
4 Dec	oun	Table Tennis	Women's	AUK v GUST	8:00pm	
5-Dec	Mon	Soccer	Men's	3rd vs 4th	7:30pm	
3 Dec	141011	Soccer	Men's	Finals	9:00pm	
6-Dec	Tues	Basketball	Women's	ACK v GUST	7:00pm	
o Dec	Tues	Basketball	Men's	ACK v GUST	8:00pm	
7-Dec	Wed	Table Tennis	Women's	ACK v AUK	8:00pm	
8-Dec	Thurs	Basketball	Women's	AUK v GUST	7:00pm	
o Dec	111010	Basketball	Men's	AUK v GUST	8:00pm	
11-Dec	Sun	Table Tennis	Men's	Semis	7:00pm	
II Dec	oun	Table Tennis	Women's Semis	oemis	8:00pm	
13-Dec	Tues	Basketball	Women's Semis		7:00pm	
13 Dec	Tues	Basketball	Men's	Semis	8:00pm	
14-Dec	Wed	Table Tennis	Men's	Finals	7:00pm	
111000	· · · · · ·	Table Tennis	Women's	Finals	8:00pm	
15-Dec	Thurs	Basketball	Women's	Finals	7:00pm	
15 1500	111013	Basketball	Men's	Finals	8:00pm	
		Dasketball	1410113	1 111013	o.oopiii	0001

### Beat Assignments Before They Beat You!

BY DANA BANDDAR



Writing assignments and research papers is usually treated as a hassle in college days. Completing and submitting all what is asked by your professor becomes an inevitable destiny, and a good grade requires brainstorming ideas and looking up sources that could easily get hectic and time-consuming; this is how students such as myself could easily lose interest in writing.

This dilemma has challenged to perceive writing differently. It all hit me during the end of my sophomore year when I was determined to change the way I approached a pen and a paper. So,I began assignment instructions. The idea of writing for the purpose of experience suddenly appealed to me. I wondered why writing should be a must-do task, or at least I personally should not recognize it as such. It was amusing to change my idea, and every experience (assignment) taught me that writing is an attempt towards perfection and that there is no ideal way of doing it. However, my passion for writing has grown from mild to strong.

Gradually, I started perceiving writing as a reflection of who I am, not just what the assignment sheet dictated. In fact, my

attempting to look beyond the assignments and projects still take the same effort; however, I do not look at the clock eagerly anymore. When you enjoy writing, it does not mean there is a magic wand pulling ideas out of your head. Yet, there is a part of you that will be capable of keeping up with the hectic atmosphere of having too much writing to do for college. The magic is in changing the way you feel about it to get benefits from the experience. My last advice about writing is that you do not just aim for a good grade in college, but instead, make sure your assignments actually challenge you instead of letting them beat you!

### Ten Writing Tips from the Masters Themselves

- 1. Cut the boring parts: I try to leave out the parts that people skip. - Elmore Leonard
- 2. Eliminate unnecessary words: Substitute "damn every time you're inclined to write "very;" your editor will delete it and the writing will be just as it should be.
- Mark Twain
- 3. Write with passion: Fill your paper with the breathings of your heart. - William Wordsworth
- 4. Paint a picture: Don't tell me the moon is shining; show me the glint of light on broken glass. – Anton Chekhov
- 5. **Keep it simple:** Vigorous writing is concise. William Strunk Jr.
- 6. Do it for love: Write without pay until somebody offers to pay. – Mark Twain
- 7. Learn to thrive on criticism: You have to know how to accept rejection and reject acceptance. – Ray Bradbury
- 8. Write all the time: The way you define yourself as a writer is that you write every time you have a free minute. If you didn't behave that way you would never do anything. – John Irving
- 9. Write what you know ... or what you want to know: If any man wish to write in a clear style, let him be first clear in his thoughts; and if any would write in a noble style, let him first possess a noble soul. – Johann Wolfgang von Goethe
- 10. Be unique and unpredictable: Consistency is the last refuge of the unimaginative. – Oscar Wilde



### A Student Worker is More Than a Title and a New ID

BY SALLY ZAGHLOUL

What usually occurs in your mind when hearing the words Student Worker? Young students wearing their ID and their heads held high? Maybe not, but that is how I used to see student workers before I became one of them. At that time, I didn't personally know someone who was a student worker, so my judgments were based upon observing.

I also believed that all they were after was the money they got paid for their part-time job. Therefore, when I had the opportunity to become a student worker, I did not hesitate. I wanted to know more about them and here I am, one of them, wearing my ID, and my head held high. It is not like I had little confidence before, but being a student worker increased my self-esteem. I feel good when someone asks me a question and I actually know the answer. The feeling of helping others boosts self-confidence.

This is only the beginning, since working at the Writing Center has taught me a lot on both an academic and practical basis, though I have only been

there for three weeks.

One of the advantages of being a working student is meeting a large number of students from different backgrounds. In fact, this is helping me develop new communication and interpersonal skills. How to make a shy person talk and how to make a lazy person work, are only the few things that I have learned till now but I am still looking forward towards learning much more.

As a Writing Consultant, I also gained academic knowledge because every day we face writings about different subjects and topics. Some are scientific and others are historical, political, psychological or even personal. This is beside the education that we get about writing skills and techniques. Even if you think you know it all, there will always be something that you missed.

However, there are a few challenges I faced when I started working. Being a student worker makes you responsible for balancing between working and studying. I faced this problem during the first week when I

used to spend time training for sessions, but fortunately I was able to get things back on the right track.

One more thing that I find important is free time. You don't want your day to be either at work or in class. Having some social time to catch up with your friends would renew your energy, help you perform better at work and attend your classes with enthusiasm. This is a number one rule personally followed by me, and I was sure of maintaining it when I chose my working hours.

After all what I mentioned from my little experience about the benefits and the challenges that student workers face, I would like to say that this could be a very useful and interesting experience in every student's life. Going from a student to a student worker is fun, exciting and beneficial. Though money and status could be a motivation for students to work, there is a lot beyond that. I am glad that I had the opportunity to realize that a student worker is more than a title and a new ID walking around campus.

"As a Writing Consultant, I also gained academic knowledge because every day we face writings about different subjects and topics. Some are scientific and others are historical, political, psychological or even personal."

## November Events:



November 1, 1993 - The European Union came into existence as a result of the Maastricht Treaty.



November 4, 1922 - King Tut's tomb was discovered at Luxor, Egypt, by British archaeologist Howard Carter after several years of searching. The child-King Tutankhamen became pharaoh at age nine and died around 1352 B.C. at age 19. The tomb was found mostly intact, containing numerous priceless items now exhibited in Egypt's National Museum in Cairo.



**5November 5th - Remembered as Guy Fawkes Day in Britain, for the anniversary of the failed "Gunpowder Plot" to blow up the Houses of Parliament and King James I in 1605**.



November 11, 1918 - At 5 a.m., in Marshal Foch's railway car in the Forest of Compiegne, the Armistice between the Allied and Central Powers was signed, silencing the guns of World War I effective at 11 a.m. — the 11th hour of the 11th day of the 11th month. In many places in Europe, a moment of silence in memory of the millions of fallen soldiers is still observed.



November 14, 1666 - The first experimental blood transfusion took place in Britain, utilizing two dogs.



November 3, 1534 - King Henry VIII became Supreme Head of the Church of England following the passage of the Act of Supremacy by Parliament.



November 4, 1890 - The first electrified underground railway system was officially opened in London.



November 8, 1519 - Cortes conquered Mexico. After landing on the Yucatan Peninsula in April, Cortes and his troops had marched into the interior of Mexico to the Aztec capital and captured Aztec Emperor Montezuma.



November 12, 1867 - A major cruption of Mount Vesuvius in Italy began, lasting several months.



November 17, 1869 - The Suez Canal was formally opened after more than 10 years of construction.

Heba A. Al-Hindal
Istrongly agree with that because the freedom of Palestine
is very limited and, with
taking this step, Palestinian
people will have rights that
will help them to deliver their
voice to the world.

Tareq Alia

I think that Palestine should be a member because the Palestinian people should have their rights like any other country and the people there should feel safe.

Zahra'a Al-Salman

It is a good thing because it will now be an independent country. Also, it may become a free country. If it joined with UNESCO it will take all its rights. We must cope with this problem. And I agree with that.

Bshayir Aman
It's a good thing to be done, to
make sure that Palestine is a
free country.

What do you think of Palestine becoming a member of UNESCO?

Seham Al-Obaid

Palestine becoming a member of the UNESCO would be something great for the Palestinian case, but some won't really accept that (members in the UNESCO), for example USA and Israel.

Mohamed Khuraibet

A great idea because Palestinian people will have more rights to speak and at least they will be able to defend their country. Secondly, Palestine has always ben a victim, why not become a member of UNESCO now.

Ghadeer Abdali

I one hundred percent agree because if
Palestine becomes one of the UNESCO
members, they officially admit that
Palestine is an independent country
and deny that this land is for Israel.
It is a really good thing I hope that
will happen.

I think it's a good start, it will be a new move for them to becoming an independent, state their problems and opinions, even though it might start some internal and external controversy. As Palestine has been in conflict with or against that option, which will increase the possibilities of controversial thoughts, I agree and I'm with it, but I don't think they'll survive or move forward.

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