Six Reasons Behind the Success of the Successful
BY JUNA SAITO HABER

If you’re anything like the typical intellectual, there must have been a point in time when you have wondered why you have been so successful in reaching some of your goals, but not others. You must have been disheartened (if not Seattle to the accomplishments of some of the mentally gifted around you. You might have even had wicked thoughts to prevent someone from reaching an exam so that you, who had been studying on the second floor just because of that, would have a chance to be, for at least once in your life, on top of the world. Right? Well, I’ll let you in on a little secret if you have the courage to continue to read. I will let you up the conclusions of success...

When it comes to wondering why you have been successful in some segments of your life and have been a spell in a few others, calm yourself with the fact that you are far from being alone in your confusion. It turns out that even super smart, highly intellectual and successful people (like me?) thought are pretty lonely when it comes to understanding why they succeed or fail. The fascination answer to this is: that you are born predisposed to certain talents and are naturally lacking in others — (subtracting music starts here) is really just one small piece of the puzzle. In fact, centuries of research on success suggests that successful people reach their goals not because of what they are or where they’re from but what they do, because that’s what counts.

There are some things that are prominently visible in the high achievers relative to the low achievers. I will go over the points individually so that you can apply them to your own personalized lives and see how they work like magic.

Firstly, try being specific for once. Stop beating around the bush, because eventually the same truth will come up and whack you in the face when you least need it. As your awesome education professor has taught you, set specific goals for yourself.

Write for the upcoming issue of the Voice is better than “Get published” because it gives you a clear idea about what success is.

Continued on page 7

Ascending to the Challenge: Career and Welfare Services
BY JASON SULLIVAN

100 Years Later: Theory of Relativity Possibly Disproven
BY JARAH AL SHAMALI, AUK ALUM

Years ago, I got into rock climbing. Don’t ask me how, but a good friend of mine talked me into standing at the top of a cliff with a rope tied to my waist and then jumping backwards. When we reached the bottom, we climbed back to the top. It was an amazing experience and for the next few years was one that I repeated often.

One afternoon, I was walking on a trail and came upon a waterfall. The waterfall was probably 15 meters tall and conveniently beside it was a rock wall that was perfect for climbing. I was alone and at first I thought it would be a terrible idea to climb without someone to watch out for me. When you climb, you always climb with a partner and a rope. Your partner will stand at the base of the cliff and hold the rope. His job is to give you more rope when you need it and to stop the rope if you fall. Obviously, this is a good idea, however, on this day, my friend didn’t want to climb, so I decided to climb on my own. I reached up and grabbed the first hold. It was easy.

Albert Einstein explaining his theory of relativity.

I thought this would be an interesting, relatable follow-up to the article I wrote in the last issue about a new planet that has been discovered, composed of diamonds. Within it, I had reported that a human being would need around 4000 light years to get to it. Well, Albert Einstein is going to have to reposition himself as the father of Modern Physics because of a groundbreaking new discovery: physicists may have found something that contradicts the theory of relativity (E=mc²)

Did I even translate any of them get carried away as it is still

Continued on page 8

Halloween Party Preparations 101
BY HUDA AL RASMID

Writing for Yourself
BY NUSRULOMAN, AUK ALUM

In Monroe Press (New York Review Books, 1973), Colson and perhaps not be too excited about the idea of writing. However, if you try coming up with information to put on a presentation, it can work.

So many students find that the time they write is when they must it, that is, when they have assignments or presentations due. Writing is generally seen as a difficult chore one must endure, and to summarize the idea of coming up with a passable paragraph is like pulling teeth. And then when you receive your drafts back from your professor, and you find you may have to make some serious revisions, it is another reason to despair.

But what if there was a way to make it easier? What if writing was not simply limited to your academic work, something just for you? Writing itself need not be a miserable activity, but there are ways to make it easier, enjoyable, and something that will stay with you for your whole life.

Continued on page 9

The Help
BY NABA EL BADRY

One of the books this semester discussed during our summer reading, the Help, by American author Kathryn Stockett, turned out to be quite an interesting and educational read. Set in the 1960s in the small town of Jackson, Mississippi, The Help shows us the lives of several African American women working as maids for wealthy housewives. The story is told from the point of view of three very different women: Aibileen Clark, a wise, motherly woman who is married for all as long as she’s been born, her boss best friend, Minuten Jackson, who has always had trouble with competing with the status quo of being a ‘good’ servant by keeping her thoughts to herself and, finally, Eugenia “Sketer” Phillips, a housekeeper’s daughter who is apparently too tall, too Tomayoc and too socially awkward to be inarticulate.

Unsurprisingly, these three women come together to complete a risky project started by Sketer herself. After listening to a friend during bridge club discussion on how the help should have a separate booth, and this puts the rest of the household, Sketer decides that the truth
Abnormal Psychology Field Trip

BY TASNEEM RASHWAN

On May 30, 2011, the Abnormal Psychology class went to the Psychiatrist Institution in Kuwait so that students could learn about mental disorders and treatments. On this field trip, students were able to observe what a mental institution looks like today with no straightjackets, white buildings, locked doors or crews. They found themselves in an open environment surrounded with trees and a caring people that follow principles that ensure the protection of mental patients.

At the beginning of the tour, the psychiatrists who guided our group explained the history of the mental hospital and how it’s peoples perception regarding mental health shifted. Dr. Jose answered all the questions addressed to him thoroughly, helping students to further understand mental disorders. Students were also able to learn about different types of treatments and services provided to the Kuwaiti communities. This experience allowed the students to change their beliefs of the "madhouse" seen in the movies and incorporated into their psychological whereas, a new insight of Kuwait and its mental institutions.

Dr. James Rose and Dr. Ibraheem Al-Duwaik at the Psychiatric Institution in Kuwait.

Halloween Party Preparations 101

BY JUHRA AL-RASHID

So, October is finally here which means that there are only a few months left in the year of 2011, and that Halloween is around the corner! It’s the day of “trick-or-treats” and “jack-o-lanterns” and spooky costumes and decorations. Halloween can be a really festive celebration, which allows room for creativity and fun. In general, during this time of the year, all we need is fun, really. Whenever I need some ideas for main events, I turn to the pages of party preparation. Martha Stewart is here, and I’m sure that many of you look at her as one of the examples for us to take inspiration in order to spice up your Halloween celebration this year!

First off, we start with exploring some cool, interesting party decorations. Halloween is all about being spooky, and so it is essential for your decorations to have a “spookier” element to them. Some ideas include having a "terror" with glowing eyes in your living room. Get a spotlight, really, just glue on some spooky drawn eyes onto your living room mirror and that would surely give your house a little "spooky" edge. An extra step is to draw these eyes onto some glow-in-the-dark paper that can be bought in bookstores. Another great idea is to have a dish of "glittered skulls". You create these by adding some glitter and glue to your normal skulls (also can be bought in most toy stores), just cover them with glue and then sprinkle them with your favorite color glitter, and then your glittery skull would be ready! A really cool addition is to place them under a transparent dish cover, or just put them in a fruit bowl on your dining table. The same idea can be applied to plastic bugs, bats, or any other plastic toys you have lying around the house. Just spread them out, either by hanging them from your ceiling or by spreading them about your living rooms. Now, what’s a Halloween party without your good old, “jack-o-lantern”?! You can easily add this essential decoration to your party by purchasing a pumpkin from your local supermarket, or the Safari Center. Carving pumpkins can be a really fun activity to do with your family, kids, or friends! Be sure not to forget to add candles inside your carved pumpkin just to add that “spooky” element. And of course, you can always use the carved pumpkin as an idea of the pumpkin to make a delicious pumpkin pie or soup. Now, if getting messy with pumpkin innards is not really your thing, you can always create paper-mache versions of your jack-o-lanterns. To do that, simply inflate a balloon and glue pieces of old newspapers and let it dry overnight. The next day, pop the balloon and cut out your pumpkin features (eyes, smile etc) and then paint it with your favorite colors. To add an extra element to that, just place a battery-powered light inside the pumpkin to make it a spooky glowing accessory for your party. Another glowing accessory can be done by easily creating a small paper mache skull and adding it onto your home flashlight, giving you a cute skull light decoration.

After you’ve decided how to decorate your Halloween party, you have to encourage people to arrive in spooky night right! Instead of having normal, don’t invite circles like little more innovative and create skeleton-themed invitations. To make your skeletons, just print out any image of a skeleton you can find online, and be sure to use thick matte paper (the better appearance). After you’ve done that, cut up the skeleton into separate bones, and reattach them using bendable pins (which can be found in bookstores). Then, be sure to purchase black envelopes or create your own using black heavyweight paper and add the party details on a white using whiteout or glue in the dark, glitter gel pen.

Socking up your Halloween this year can be a fun relief from your uniform stress. Just call some of your friends, family or even your kids to log in creating these ultra-cool, super spooky decorations. For more information, visit Martha’s main website, http://www.marthastewart.com/party/spooky/pumpkins.

Skull-filled jack-o-lantern.

Decorations of glittered skulls.

Paper-mache jack-o-lanterns.

A fully-decorated Halloween party.
Le Plaisir D’Apprendre

The Voice of AUK

WOLFPACK COMMUNITY

October 2011

BY XHULIAD AL-NUWAISER

Le Plaisir D’Apprendre

In the metro of CAVIAME Institute, which can be translated to the pleasure of learning, CAVIAME is a French learning center run by the French embassy and financed by the French government. It was founded by AUK French professor Josepho Parola. CAVIAME lies in a small city called Voiche in the south-east of Paris in France. In fact I first landed in the city of Paris, which was the first time in a foreign country where I felt at risk, but I found the French people very kind and open to different nationalities. From there I moved to Sion where I attended the University of Neuchatel, which is in the French-speaking part of Switzerland. From Sion, I moved to France where I attended the University of Paris, which is the oldest university in France. From there, I moved to the United States where I attended the University of North Carolina at Chapel Hill, which is one of the top universities in the United States. From there, I moved to the United Kingdom where I attended the University of Oxford, which is one of the top universities in the United Kingdom.

Le Plaisir D’Apprendre

The AUK Library Assistant Director

Featured on ACRL

The ACRL (Association for College & Research Libraries) has selected Ms. Anna Al-kamran, Library Assistant Director to be featured on the ACRL Insider blog. "Anna Al-Kamran is a creative force in our collection development and instruction programs," says the ACRL Insider. "Her leadership and commitment to excellence have been instrumental in the growth and development of our library and our community." Anna Al-Kamran has been an ACRL member since 2008, and is an active member of the ACRL.

1. Describe yourself in three words. Energetic, ambitious, and hardworking.
2. What are you reading right now? I am currently reading the ACRL Insider blog, which offers valuable opportunities for professional growth and networking.
3. Why did you join ACRL? I joined ACRL because it offers valuable opportunities for professional growth and networking.
5. What do you value about professional literature? I value the opportunity to read and learn from the experiences of others in the field of library science.

The ACRCL webpage with Ms. Anna Al-Kamran featured.
Ascending to the Challenge: Career and Wellness Services

BY JASON SULLIVAN

I went for the next step after that. I was beginning to think that it had a lot harder from the bottom. However a few weeks later, I was sold and the sky was the outer limit of the cliff. Unfortunately, I didn’t make it much further than that. It was shortly after reaching the midway point that I realized there were no more places to put my feet down. I was alone and completely out of ideas. Definitely not the way you want to spend a few minutes. I stayed in that corner for 20 minutes. My fingers were shaking and I was really getting worried. The way that I had envisioned the experience and the actual experience were completely different. In my mind, I saw myself conquering my challenges and standing at the top alone.

This is very much like life. We set out to try many things all the time. It could be something as simple as a new diet or something bigger like your education or career. There are times when we all need someone to help us make the climb. Experience is an amazing teacher, and sometimes it teaches us that we can’t do it all alone. I can certainly say that I’m still learning. That lesson I didn’t make it to the top of that cliff before, but I haven’t stopped trying.

The Career Services and Wellness Department wants you to be a part of your ascent to the top no matter what your future holds. We offer services that will keep you climbing along.

The Career Services and Wellness Department wants to be a part of your ascent to the top whether it involves today or your future career. We offer services that will help you plan your future.

Student Employment:
Career Services and Wellness

BY DANA TAOKE, AUK ALUMNUS

With the beginning of a new semester, students are busy admiring their schedules, getting to know the professors, and looking for a club to join and trying to get their IDs made. After a long day, you need a break. This is a time where you need to do something that doesn’t involve studying. You can get some exercise, and you can see some of the faculty around campus. This is also a good time for students to meet other students and get to know their peers and professors.

Welcome Back, Students!

By Asma Al-Kanat
Library Assistant Director

The AUK Library would like to welcome new and returning students! We hope you’ll find all the resource you need at your AUK Library this year. Here are some highlights to look for this Fall:

Print Collection
The library print collection, which is growing rapidly, includes books, references, journals, audio visuals and the American Corner collection.

Electronic Resources
The library subscribes to a number of online resources including electronic journal databases. E-books and electronic search tools. Online Resources can be accessed through the Library Page on the website. Off campus access would be available through the MyAUK University Portal.

Borrowing
Each student is entitled to borrow a maximum of 5 books at a time for 21 days. Multimedia items can be borrowed for no more than 3 days. Late returns will result in a fine of 250 fils for every late day. A student ID card is required for the borrowing of materials.

Textbooks
All course books are available on reserve in the Special Collection room. Reserved books cannot be checked out and they can be used only inside the library. However, a student has to leave his/her ID card with library staff for reserved items.

Photocopying
The library provides 3 photocopying machines, one of which has colored photocopying for your convenience. Each student needs to collect his/her photocopying card in order to use the machines. Every card has a limit of 250 pages, free of charge. Cards can be reloaded using the card loader near the Entrance/Exit door in the library.
The Help

BY NAJA EL-SAIDY

KATHRYN STOKEET

The Help is a novel, a story about the lives of two women, one black, one white, and their relationship in the South during the 1960s. The novel is set in Mississippi, and it explores the themes of race, class, and gender. The book has been praised for its realistic portrayal of the civil rights movement and its impact on everyday life in the South.

What is Art?

BY SARA SOLMAN

That’s a pretty big question, and I think it’s so easy to say it’s just about the thing that’s most important to you. But the question of art education is a different one. It’s a question about how to teach art, how to teach art to children, and how to teach art to adults. It’s about using art as a tool to teach other subjects, and how to teach art in different settings, whether it’s in a classroom, a museum, or a community center.

AUKUWAIT REVIEW

DO YOU HAVE ANY ARTWORK, POEMS, OR PROSE? (ENGLISH OR IN ARABIC?) IF YOU DO, SEND YOUR WORK TO US, AND IT MAY BE PRINTED IN THIS YEAR’S ISSUE OF THE AUKUWAIT REVIEW!

IF YOU’RE INTERESTED, SEE THE SUBMISSION GUIDELINES BELOW!

DEADLINE FOR SUBMISSIONS: DECEMBER 15, 2011

ANYONE CAN SUBMIT: STUDENTS, FACULTY, STAFF, ALUMNI

FOR MORE INFORMATION, OR IF YOU HAVE ANY QUESTIONS, SEND US AN EMAIL: AUKUWAITREVIEW@AUKUWAIT.EDU.BW

ARTWORK:

Maximum 5 pieces.

Photography, Drawings/Illustrations, Sculpture (photographed),

Paintings, Graphic Design.

All submissions MUST be 300dpi, in PDF or JPEG format, otherwise your submission will not be considered.

Each piece must be submitted with a title and a description about it. Submit your work with a short bio (name, position at AUK and a little bit about yourself) to aukuwaitreview@aukuwait.edu.bw

“Teaching art is hard. I’ll admit that. It’s easy to slide into boasting about your experience in the field.”
Six Reasons Behind the Success of the Successful

BY ISHA SADIK JAMER

We are now a couple of weeks into the semester and as most of you have probably already noticed, especially those of you in their junior year and above, segregation has become more and more evident. In fact, there have been several cases of students being assigned to different classes, and it is quite common for students to be placed in classrooms with only a few students from the same class. In some cases, this is what they’re actually trying to do, but often they tend to explain it away. But what might be a blessing for some could very well be a curse for others.

In the last few years, the American University of Kuwait (AUk) has been working hard to integrate students from different backgrounds. However, this year, some students have reported that they have been assigned to different classes, and it is quite common for students to be placed in classrooms with only a few students from the same class. In some cases, this is what they’re actually trying to do, but often they tend to explain it away. But what might be a blessing for some could very well be a curse for others.

While the reasons behind the change have not been publicly announced, it’s fairly easy to guess them, especially considering the sudden enlargement of the classrooms and the fact that we have AUk’s new computer science lab. AUk can now offer more courses without the previous problem of not being able to assign certain classes to a group of students. In addition, some students starting this year are seeing an increase in the number of courses they are taking, but this is not necessarily a bad thing. In fact, it might even be a good thing for students who are already doing well in their studies.

On the Unfairness of Not Being Invaded

BY YARA AL-SHAMI

For more than a decade now, the people of the Middle East have had to pull their weight around trying to prove that they can be “normal” individuals, functioning in robust Western societies without having to be monitored or pressured by the authorities. The idea of living life as a normal individual, taking care of one’s own affairs, is something that we all take for granted.

After reading the above, it becomes evident that successful people do different things, some of which you may have noticed. Some might even say that these activities are the key to success in your society. However, it is not always easy to ignore the difficulties of the world, but we have already proven that being prepared for something does not mean that you will fail.

Focus on Self Improvement. Many of us believe that we are stuck with the intelligence that we were born with. We might be thinking that we are good at music, but in anything else, we are not very good. However, this is not the case. People who have received a good education, have an advantage in understanding the world and appreciate the journey as much as the destination.

Similarly, here goes! Given the willingness to commit to long-term goals, and to be persistent in the face of difficulty. Good news is that if you are not yet fully aware, there is something you can do about it. You do have the abilities that successful people possess, you can plan and persist, and utilize good strategies. This is what it takes to succeed.

After reading the above, it becomes evident that successful people do different things, some of which you may have noticed. Some might even say that these activities are the key to success in your society. However, it is not always easy to ignore the difficulties of the world, but we have already proven that being prepared for something does not mean that you will fail.
Over 100 Years Later: Theory of Relativity Possibly Disproven

By Fahad Al-Sharif (AUK Alumni)

largely under intense debate and the discovery has been made known to the world so to be understood in its entirety. The theory is basically that, according to scientists, the CERN, the European-based Organization for Nuclear Research, have stated that there is almost certain evidence of the discovery of neutrinos moving faster than the speed of light. This will later be confirmed in the future in considering how the speed of light has always been considered as a constant. The scientists are working on this discovery as it may provide new insights into the nature of matter, energy, and the universe itself. The discovery of neutrinos moving faster than the speed of light could potentially change our understanding of the universe and the way we perceive space and time.

"Since this discovery has been made public to scores of populations, experts have been stunned and it has been deemed revolutionary so much in fact that the researchers themselves can hardly believe it."
BY NUR SOLAIMAN, AUK ALUM 10

Thoughts, feelings, experiences, and everyday events in simple words only you will read. Others might like the comfortable freedom of writing on a personal blog, or writing poems or short stories. Free-writing is often a good way to break up the writer's barriers, but you have to act as a writer that forces you to simply keep writing and letting your mind get on with it. You may find yourself touching fingers typing on the keyboard and seeing what you come up with. Some people enjoy the added creative stimulation of writing in different places. Do you work better on your bed, or on the kitchen table? Maybe you can take your notebook and pencil (or your laptop) in a restaurant, the beach, the park, your grandparent's house, in the hotel lobby, sitting on the front bench on campus, anywhere. Being exposed to new sights, sounds, scents, environments seems to open your thinking to different things.

Writing at different times can also be a way of getting out of your usual habit, to keep writing close to you at all times during the day, maybe when you first wake up in the morning, keep a little notebook under your pillow to jot down notes in the few minutes before you get up. Write in the afternoon, the day at its peak, and you are in the middle of things. Take a few minutes to write a few lines, anything. Write just before dinner, or just afterwards. Write in the middle of the night, when everyone else is asleep, and you can write as long as you want without getting into a discussion. But once writing is like second nature, and you do without it, you will feel, as if you are missing your legs, dragging your feet, so to speak, then you've got it under your skin.

But whatever it is, do write. Writing for yourself, and perhaps you will reach greater confidence in your ability to write, a flexibility to write about a variety of subjects, in a variety of ways, that most of all, realize that writing can be a fun, wonderful activity that you may find you cannot live without.

Frank Hemmingsh is known for his intensity, short, seemingly simple prose, writing that looks and sounds exactly as he would be in conversation. He was in A Moveable Feast, he wrote about cold winter mornings in Paris when he would write, hoping desperately that ideas would come and he could write as well. Be writers.

I stand and look out over the roofs of Paris and think, Be writers. I have written before and you will write now. All you have to do is write one true sentence. Write the true sentence that you know. So finally, I would write one true sentence, and then go on from there.

That should make you feel a little closer to me, and me to you.

Write, block mental, block nonsense, block lack of proficiency in the language you write in, block that feeling about getting it right — so many factors can make the writing process difficult, irresponsible, impossible, and definitely not fun. And sometimes writing is all those things. Like all creative endeavors where you attempt to glean from your mind (or your soul! Your consciousness? Who knows where?) all these ideas flowing around as you try to capture them and set them down on paper. The blank page can be hard and difficult. Artists, actors, painters, poets, all face these problems. And that's okay.

You can be a writer. Anyone can. You don't have to be an English major, you don't have to be a Drama student, a history student. You can write for yourself, Be writers. I have written before and you will write now. All you have to do is write one true sentence. Write the true sentence that you know. So finally, I would write one true sentence, and then go on from there.

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Write if you are feeling Guilty

BY WAHAB MUHAMMAD

I have been forced to waste time without one is sure to find myself feeling guilty, reading articles on my phone, watching action movies on YouTube, or eating to all tastes, wearing Van dad shoes, not wearing anything wrong with that, browsing the internet and playing phone games. One can easily get used to that, but thinking about it, it might be a waste of time.

I also think that I am not as immune as making assumptions. It does not hurt to assume that even the most accomplished among us feel guilty about both the quantity and the quality of their work. Out of simple honesty or cowardice, the academic community is far too ready to separate people, or people more specifically, college students. This latter group can be particularly vulnerable to a variety of problems and issues, and we as a society need to take responsibility for it.

I can see that this is a real problem, but I can also see that it is not an easy one to solve. The more I learn about the problem, the more I realize how complex it is, and how difficult it is to find a solution. I can see that this is a real problem, but I can also see that it is not an easy one to solve. The more I learn about the problem, the more I realize how complex it is, and how difficult it is to find a solution.

Can Writing Be Cathartic?

BY BANNAH AL-JARRAH

In these days of our age, a day where you plan to block all stressful thoughts, and do great something different, and maybe fun for a change. The usual mental course you have been living in was cancelled, so you try to cancel your friends but the desire to intentionally dangle your calls because they probably hang out with someone that you love. Your brain is telling you to fall in love, never to be the idea of a "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse. You call "Thin day" and never give up, but your brother refuses to acknowledge that the walls separating your rooms are too thin to sufficiently contain the crawling mouse.

With progressive telecon innovations and social media nowadays, many users are unaware of the fact that they have actually incorporated writing in their daily lives. Meanwhile, many other people who are conscious of it, are exploring their abilities in a unique way, and are discovering new and exciting potentials. We text or blog, because sometimes, not only do we have something to say, but because we feel like speaking out, and therefore, attempt to be responsible to their fellow human being relative to us, one way or another.

The new forms of writing are allowing many, especially in social and cultural communications, to write about their problems. The more they communicate, the more they communicate, the more they communicate, the more they communicate.

In an age where attitudes towards writing are being redefined, many of us have the freedom to integrate writing into many aspects of our lives. Whether it be a random comment or an insightful thought, writing, when we allow it, can reshape the way we see ourselves, and improve our own, and most importantly, we see our own way.

Go to http://tutorstruct.auc.edu.eg to schedule appointments with staff and student consultants!

If you have any questions or comments, email the Writing Center at writingcenter@auc.edu.eg
October 1, 1908
Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

October 3, 1932
Iraq gained independence from Britain and joined the League of Nations.

October 4, 1957
The Space Age began as the Russians launched the first satellite into orbit. Sputnik I weighed just 184 lbs. and transmitted a beeping radio signal for 21 days.

October 21, 1879
Thomas Edison successfully tested an electric incandescent lamp with a carbonized filament at his laboratory in Menlo Park, New Jersey, keeping

October 6, 1981
Egyptian President Anwar Sadat was assassinated in Cairo by Muslim fundamentalists while watching a military parade.
Younan Al-Nadl
I think they do well until now where they do ad-
vertisements and brochures, and the stand-
ards that sell in Starbucks coffee shops. But,
with all of this, I think that they have to in-
crease their efforts, and I’m sure they have
more ideas.

Asmaa Al-Awady
Recently, organizations in Kuwait are pro-
viding more awareness about breast
 cancer as it is a disease that has
spread in the last years. People who are
suffering from it have discovered it
earlier these years with more media
coverage and awareness about the ne-
necessity for checking themselves if they

Zainab
Yes, they are, but the problem is, in my op-
ion, that Kuwaiti people (not all of them) are
ignoring these campaigns, thinking that they
are immune to it. They refuse to have peri-
nodical tests thinking that they are fine and
healthy.

Alyaa Al-Kharafi
No, they should have more infor-
mation on the patient herself to
do a better diagnosis on how to
treat the patient and make her
feel better, so she does not feel
uncomfortable.

Basma Al-Sayed
I think everything done here is enough,
but we have to have more advertise-
ments on T.V. and like a day where
people all come wearing pink, and wear
pink ribbons and raise money.

Ghala Al-Laughani
No, because most people don’t take the
breast cancer test since women have to
take the test frequently. Therefore, the
tests should be mandatory and the govern-
ment should let women take the test
monthly. Also, brochures should be dis-
tributed and campaigns should be done regu-
larly.

Widad Darwish
I would like to say is that the orga-
nization should develop more re-
search on breast cancer because they
must provide more treatment
or make campaigns in order to raise
the organization’s research

Abd Al-Mohammad
Yes, I think that they are doing
enough for breast cancer re-
search. I see that there are
many events that are done for
this. They are also spreading
awareness in society about the
disease.

Heba Ramadan
I think so because of the advertise-
ing that they are doing in the media and
there are many actresses who partici-
pate in these campaigns. I am one of
the people who has a check-up every
year.