

# What's On

## Book focuses on youth and Kuwait's society

# American University of Kuwait research affiliate, alumna co-author book

KUWAIT CITY, March 2: The American University of Kuwait (AUK) research affiliate and licensed clinical psychologist, Dr. Juliet Dinkha, and AUK alumna and communications professional, Aya Abdulhadi, published a co-authored book, titled, "Navigating Social Identity: A Young Adult Story of Time."

The book synopsis reads as follows, "This book is focused on youth and young adults. We explore aspects of how youth are socialized and how they frame and form their self-identity. Our book looks at Kuwait, a multifaceted society which is often mis-

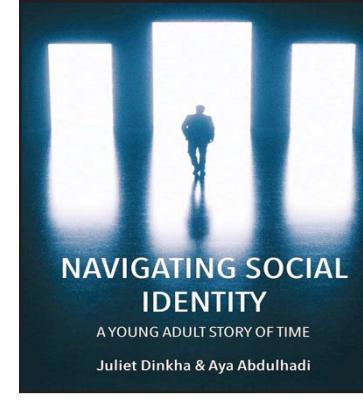
understood by the Western world as mired in a legacy of war, hard-line Islamic values and oil. However, Kuwait is a sophisticated cosmopolitan where Islamic values mesh with Western ideals on consumerism, dating, media consumption and liberal arts education. Our book is centered on the youth and young adults in a society who are modernizing Kuwait beyond its concrete and glass skyscrapers and Western luxury brands. We explore the numerous aspects of the lives of young adults from media consumption, to the effects of gender segregation in university life, to altruism,

to social media habits, the effects of Western cultural imperialism on their body image to depression and coping skills, and most recently, the effects of living with a pandemic."

Dr. Juliet Dinkha has been in the educational field for over 20 years. Her interest has always been in teaching, educating, and disseminating information to the public. Dr. Dinkha has a private practice whereby she provides psychoanalysis/psychotherapy and conducts assessments to a diverse client population both in the Middle East as well as the United States of America.

Aya Abdulhadi is a communication and media graduate from AUK. She has over a decade of expertise consulting corporate and consumer-focused brands, building their communication plans and brand strategy across the MENA region. Her experience includes working with one of the leading marketing and communications agencies, under the WPP Group.

The publication of a book of this caliber is reflective of the University's encouraging environment that ensures every member achieves their full potential. Such a collaboration speaks to the high level of intellectual engage-

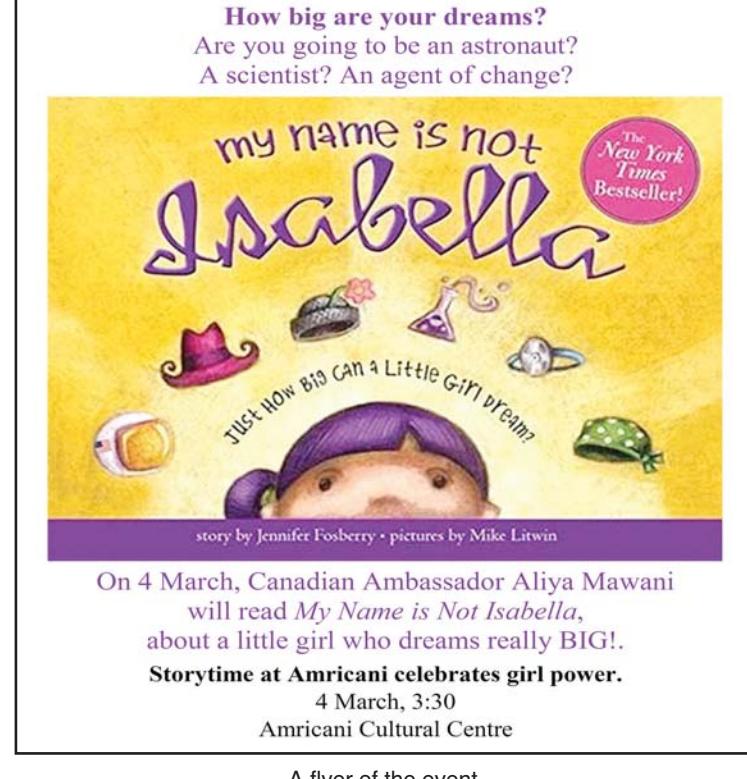


A book cover of 'Navigating Social Identity: A Young Adult Story of Time.'

ment that AUK fosters through its academic setting.

The book can be purchased through the following website: <https://outskirtspress.com>

The American University of Kuwait (AUK) is an independent, private, equal opportunity, and co-educational liberal arts institution of higher education. The educational, cultural and administrative structure, methods and standards of AUK are based on the American model of higher learning. The language of instruction is English. More information on the American University of Kuwait can be found at [www.auk.edu.kw](http://www.auk.edu.kw)



A flyer of the event.

## 8 teams participate in cricket tournament

# Tulunadu Cricketers lift Billava Trophy 2023



Photos from the event.

Amin, Mithun Vishwanath, Manoj Ancham Kaur and Venugopal. The RCC ground was sponsored by Jamsheer.

The matches were fairly umpired by Antony Vijay, Santosh Kunder, Jagdish. The scores were efficiently monitored and recorded by Yashpal Poojary, Yashwanth Poojary, Amarnath Suvarna, Rajath Amin and Shailesh.

President Ms. Sushma Manoj, guests Manoj Kumar and Sandeep Attavar and other BSK members presented the trophies and medals to the winning teams and the players.

Chief guest for the award ceremony, Sandeep Attavar and Manoj Kumar was welcomed with the bouquet of flower by President Ms. Sushma Manoj and Sports

ground marking team for organizing the tournament flawlessly and all the BSK members for their support in making the event successful and memorable.

The best moments of the action-packed event were captured by Ghanaym Attavar and team.

The event concluded at 05:00pm with the Vote of thanks by General Secretary Anish Kotian. An invitation was extended to all the BSK members to attend the "Family Picnic" on Friday, March 17 March at Andalous Park.



Photos from the event.

## ICSK Khaitan celebrates National Day and Liberation Day of Kuwait!

Kuwait's 62nd National Day and 32nd Liberation Day was celebrated in all its flavour and zeal on Thursday, Feb 23 in The Indian Community School campus, Khaitan. The school was beautifully decorated in the four colours of the Kuwait flag. It is that time of the year when we soak up in the spirit of pride and honour towards our foster land- Kuwait.

The celebrations started with the special morning assembly conducted by the students, which was hosted in English and Arabic, creating the per-

fect ambience of the occasion. The songs and speech dedicated to the special day set the mind and mood for the day.

The school Principal, Gangadhar Shirshat presided over the assembly and enlightened the students with the greatness of Kuwait and stressed the importance of learning Arabic with passion. Later in the day, a rally was flagged off by the principal from the entrance of the school, went around the school and culminated at the principal's office. The rally and the slogans expressed

the love and gratitude to this great nation. The band and music added joy to the festivities. Celebrating patriotic days of this great nation gives us an opportunity to express our gratitude and stand in solidarity with the people of the land we live with. As a part of this celebration, to add up enthusiasm, students were encouraged to bring Kuwaiti cuisines in their tiffins. Today was a day to express loyalty, love and support to the foster country in different ways. We wish everyone a happy National and Liberation Day.

## Renowned scholar Malik Moatasim Khan was the guest speaker

# Indian Muslim Association organizes public program on 'Isra & Me'raj'

KUWAIT CITY, March 2: "The basic teaching of Islam is to lead a life according to the instruction and will of Allah, the Almighty. The one who obeys Allah's commands is an obedient and faithful while the other one who disobeys Him is called a disobedient one" were the opening remarks by Malik Moatasim Khan, a renowned scholar from India who attended the program "The message of Isra and Me'raj" as a visiting and guest speaker, conducted by Indian Muslim Association Kuwait (IMA) Kuwait on Thursday, Feb 23 at 7:30 pm after Esha in Masjid Yousuf Al Adsani Malya, Kuwait City. On this occasion he shed light on the series of the events occurred during this miraculous journey.

The keynote speaker further stressed that Allah, the Almighty has shown both the paths of good and evil to all

the human being since day one by sending His messengers from time to time on this earth, right from Prophet Adam to the last messenger Prophet Muhammad (PBUH) for the guidance



A photo from the event.

The guest speaker further elaborated that the event of Isra & Me'raj is one of the biggest turning point in the history of Islam, it was the time when Prophet Muhammad (PBUH) and his followers were going through hard resistance and different types of mental and physical tortures and challenges. This was the time when the Islamic dawah started to reach out of Makkah in other regions of the Arabian Peninsula and the people from other tribes and clans came to hear and started to accept the dawah of Islam one by one. In fact, it was the time which played a decisive role in propagating the message of Islam among the others outside Makkah.

He concluded his speech on this note that we should learn and understand Quran and implement its teach-

ing in our life so that we can bring a change in our society accordingly. Sahaba, the companions of Prophet Muhammad (PBUH) never went to any college and University but they adapted the true spirit of Islam in their life which helped them not only to make them morally strong but also the other people to listen and follow them as a role model in their practical lives.

Nisar Ahmed, another keynote speaker of the program speaking "on the message of Isra and Me'raj" emphasized that the purpose of this journey of Isra and Me'raj was to show Prophet Muhammad (PBUH) some of the miracles of this Universe in order to convey this message that nothing is impossible for Allah and He will not leave him as well as his followers alone and helpless at this time of hard-

ship and resistance which they were facing in the streets of Makkah at that time.

He further stressed that Prophet Muhammad (PBUH) were given three things as a gift in this ascension: He was given five times daily prayers, the last two verses of the chapter of al-Baqara and the promise that the sins of the people from the Ummah of Prophet Muhammad (PBUH) would be forgiven except those who died associating with Allah on Shirk.

He further went on narrating the series of the events and the observations made to Prophet Muhammad (PBUH) about some people who were bad in their lives and engaged in some wrong doing practices like adultery and backbiting etc, during this miraculous journey of Isra and Me'raj.