

horoscopes

By Jacqueline Bigar

Happy birthday for Friday, Feb 7, 2020: This year, you allow yourself to be more sensitive, yet you remain logical and efficient. Others marvel at how easily you blend this combo. If single, your inclination to play the field might be appropriate. With so much going on, you might want to date and not commit. If attached, your sweetie enjoys your empathy and ability to warm up the moment. Your caring is obvious and returned more and more by your significant other. Leo brings out the best in you.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult.

Capricorn - (Dec 22 - Jan 19)

**** Defer to others, especially as it be-

comes clear that others will not. Go off and complete what you can that involves you. Note how your mood changes as the day ends. Do not stand on ceremony. Tonight: Accept a friend's invitation.

Aquarius - (Jan 20 - Feb 18)

**** Avoid reading the tea leaves and do what is obvious. Clear your desk, return calls and remember to schedule an important meeting. How you verbalize your requests will make a difference in the response. Tonight: Plan on a late night!

Pisces - (Feb 19 - Mar 20)

**** If you want to start the weekend early, go for it. However, do not make it a public announcement; be subtle. You do not want some last-minute work dropped on you. A

loved one or child is delighted by your plans. Tonight: Be reasonable.

Aries - (Mar 21 - Apr 19)

**** Attention to work seems to slide away as you focus on individuals in your life and how to spend the weekend. Make an important long-distance call in the afternoon. Tonight: Let go of the workweek.

Taurus - (Apr 20 - May 20)

**** Important calls head your way in the a.m., when you and others are focused. Late afternoon, you might be more fired than you realize. Give yourself some space to enjoy the next few days and honor what is occurring around you. Tonight: Head home early.

Gemini - (May 21 - June 20)

**** You might not understand where someone is coming from in the afternoon. Conflict could arise around spending and funds. How much do you need to spend in order to make an impression on a key person? Tonight: Spend on experiences with friends.

**** Keep reaching out to someone who understands what might be occurring financially. By afternoon, you might not want to follow through on an agreement made in the morning. Give yourself some space here. Tonight: Loosen up.

Cancer - (June 21 - July 22)

**** You might not understand where someone is coming from in the afternoon. Conflict could arise around spending and funds. How much do you need to spend in order to make an impression on a key person? Tonight: Touch base with friends and loved ones.

Leo - (July 23 - Aug 22)

**** In the morning, you might be in a quandary as to how to proceed with a personal matter. If that is the case, do nothing. Your

sense of humor emerges later in the day when you realize the answer was obvious. Tonight: Leader of the gang.

Virgo - (Aug 23 - Sept 22)

**** Use the a.m. to the max. You will have the unique ability to get an agreement out of a group that normally has so many views, no one can find a consensus. Move quickly. Tonight: Touch base with friends and loved ones.

Libra - (Sept 23 - Oct 22)

**** Continue to take the lead. You will want to clear out some work quickly before lunch. Someone close to you could be contrary. You might be hesitant to give into this person, but it would be easier. Tonight: Where the crowds are.

Scorpio - (Oct 23 - Nov 21)

**** Embedded in your thinking is a certain element of creativity. You might need to get down to the basics preparing for a pending trip or meeting, which is likely to occur within the next week. Tonight: A force to behold.

Sagittarius - (Nov 22 - Dec 21)

**** Reach out for a loved one or friend at a distance. He or she might surprise you as they are making plans to get together with you midweek. Do not back off from an important discussion, possibly about finances. Tonight: Make the most of the moment.

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Born today: Writer Laura Ingalls Wilder (1867), comedian Chris Rock (1965), singer/songwriter Garth Brooks (1962)

home decor

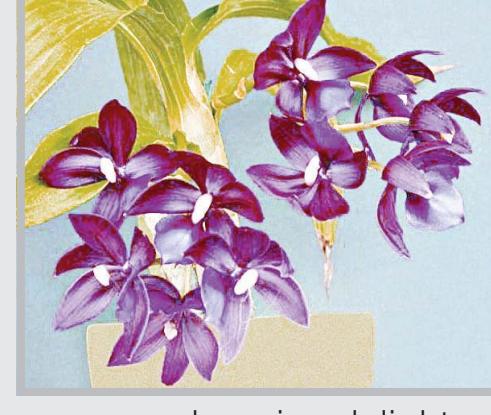


radiator sheet vases

Supplies: Perforated metal sheets; tin snips + fine sand paper; 20 or 22 gauge wire; flat pliers and spray paint

Instructions: Create templates on a paper to play with the proportions before you begin cutting the metal sheet. Once you have all the templates, outline them with a pencil on the metal sheet. Cut your rectangles away. To create the round cylinders, use the help of the spray can. Wrap the metal sheet cutouts around the can and roll them a few times. Thread both ends of your cylinder using gauge wire and twist tight using pliers. Before spray painting, you can insert newspaper in the lantern to avoid spray paint from going through. This gives a two-tone coloring and it conceals the wire closure. To use them as vases, you can add kitchen-size glasses before adding flowers.

indoor gardening



cyclamen wine delight

Commonly known as "Jem", it is vigorous in growth and free-flowering, with 10-15 three-inch flowers per spike, colored in deep wine red with a lacquered appearance. They last approximately one month or longer and have the fragrance cherries. Plants offered are well-grown.

Site: Higher light can be tolerated in the winter months and during summer, grow the plants in shaded conditions.

Temperature: Intermediate to warm, with winter night temperatures from 58°F to 64°F and winter day temps from 70°F to 80°F.

Water: During growth and flowering, water as the mix approaches dryness, but do not allow the mix to become bone-dry between waterings.

beauty tips

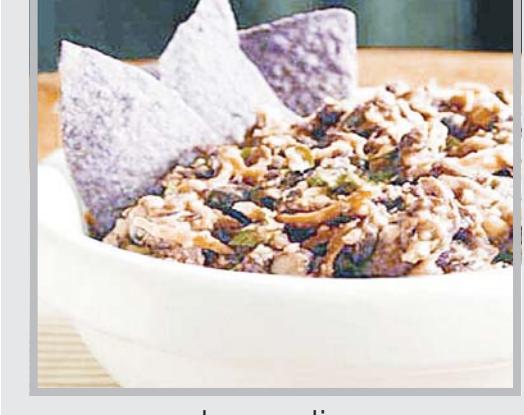


change face shape with blush

To make a short face look longer, start an oblong stroke below nose level, finishing up at the temple near your hairline. Blush should be applied in a long and slightly curved line, away from the centre of the face.

To make a long face look shorter, apply blush across your cheeks starting at the mid-nose level, then blend it upward and downward. Blush should be applied in a shape of a soft triangle, close to the centre of your face.

taste buds



bean dip

Ingredients: 1 tsp olive oil; 1 onion; 3 cloves garlic; 1-2 cups corn; 1 can tomatoes; 1 tbsp chili powder; 2 tsp cumin; 1 tsp coriander; 1 tbsp brown sugar; salt to taste; 6 cups cooked beans

Method: In sauce pan, heat oil on medium heat. Add onions and cook until they have softened. Add garlic, cook until fragrant. Add corn and tomatoes, cook until corn has thawed. Stir in the spices, brown sugar, salt. Stir in beans, using bowl of spoon to smash beans against bottom and sides of pan. Continue stirring, smashing until the beans are as mashed as you like. We like to leave some of beans still whole for texture. Taste and add salt and other seasonings as needed.

Dear Abby

Teen in sketchy situation resists efforts to help her

By Abigail Van Buren

Dear Abby: My 15-year-old granddaughter has lived for the past several years in an environment with adults who have done drugs, can't or won't keep a job and are in and out of jail. I want her to have a better life, and I try to explain what a responsible adult life looks like. But when I do, she accuses me of being judgmental and non-accepting because these people are "nice". How can I get her to understand that the lifestyle she's exposed to isn't good without coming off as judgmental?

— **At A Loss For Words**

Dear At A Loss: The lessons we teach others don't always have to be verbal. One way would be to expose your granddaughter — as often as possible — to people who have chosen a different way of life and are reaping the rewards for it. Perhaps then she will begin to draw her own conclusions and realize that she can have a different life if she's willing to work toward it.

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Dear Abby: My ex-fiance decided to leave our relationship and our 10-month-old son, "Nicky", about a month ago. He sees Nicky regularly and is a good father. I know our relationship is over and that it's not going to be fixed. To be honest, when he left, I was relieved.

The other day, I suggested to my ex that once a month we take our son out together to do something, like go to the park or the zoo. My reasoning is that Nicky needs to know that even though his mom and dad are no longer together, we can still get along. His response was he didn't think it was a good idea. He doesn't want our son to get the wrong impression. I just said "OK" and left it alone.

Is he right? Would it confuse our son, or is he being selfish? It seems unrealistic to me that we will never do anything together. My son is my No. 1 priority, and I just want to handle it the best that I can for him. Please help me.

□ □ □

— Confused In Santa Maria, Calif

Dear Confused: Your ex may have said what he did because he doesn't understand that you have accepted that the romance is really over. Don't accuse him of being selfish. Be patient. In the future, Nicky will understand that, although Mom and Dad are not together, they get along, if you truly do get along. As Nicky grows older, there will be events such as birthdays, sporting events, graduations, etc., you will probably wind up enjoying together — or eventually with significant others or spouses included.

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Dear Abby: I am a senior citizen who lives alone. I was married many years ago, but it ended in divorce. I was unable to conceive a child.

My brothers and sisters all have spouses and children. I am an aunt to many. My problem? The children don't call me "Aunt" anymore. When they were little, it gave me such warm feelings to be called Aunt or Auntie. It made me feel loved and respected. Now that they are grown with kids of their own, they call me by my first name. Am I silly to be bothered by this?

□ □ □

— Forever Auntie In Minnesota

Dear Auntie: I don't think you are silly, and whether you are old-fashioned (or not) is beside the point. Tell your nieces and nephews how much you appreciated being called "Aunt", and ask them to resume using the title. If you had a close relationship with them while they were growing up, I am sure they will respect your wish — especially when you tell them why.

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Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

(Source: Universal Uclick)

what's on today

Site for checking travel ban www.kuwaitcourts.gov.kw/mojweb/NGeneral/Main.jsp

emergency number 112

Civil ID info: 1889988



A flyer of the event

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